Principal’s report

Always be on the lookout for ways to nurture your dreams. Lao Tzu

Beauty and the Beast

What a great success Beauty and the Beast was last week. Our first full musical under the direction of Caity Dalrymple, with the music being directed by Chris Fish proved just how deep the talent pool at Narrabeen is. All up there were five exhilarating performances which made me proud as principal of the students, crew and parents who worked tirelessly to make it the outstanding triumph it was.

School prefects 2015

The depth of student leadership never ceases to amaze me. This week it is with great pleasure we acknowledge the School Prefects for 2015. They are all high achieving students who have donated a lot of their time and effort to making Narrabeen a better place and will continue to do so. The Prefect and Year 12 leadership group for 2015 are: Kirby Barrett, Kyla Bolterstenj, Joanna Kot, Jaiya Bray, Gina Groskops, Jacob Boyd and Holly Smith. From this group, the Captains and Vice Captains will be selected. These seven students are a credit to themselves and will serve our school well.
**Being in class is important**
The main analogy I use when explaining the importance of being in every lesson to students is the ‘cake story’. Imagine making a cake where you eat 10 – 15% of it just after it has come out of the oven. With a good thick icing, it’s possible to cover the damage so it looks like a cake, though there are a few things missing. Take out any more and it’s obvious there’s a problem. Attending class is exacting the same. The DEC advises students to be in class as close to 100% - the school acknowledges students get sick occasionally and is comfortable with 95%. Anything less than 85% means students are losing valuable understanding. In Years 9 – 12 they are not meeting course outcomes for their respective qualification as they are not applying due diligence or sustained effort to their class work. Please encourage your child to be at school for every available lesson.

**Tokoshima Bunri visit**
Narrabeen once again had the pleasure of hosting Tokoshima Bunri High School for two weeks from July 27th. Our students embraced the visiting students in true Narrabeen spirit and the cultural exchange experiences for all students was special. The visitors went on excursions around Sydney, sat in on classes and studied English intensely whilst they were here. The visit was capped off with a fantastic Sayonara party where the Japanese students performed a concert, demonstrating some of the key aspects of their culture including traditional dances and origami. A special thanks to Mr Date and Mrs Thompson for coordinating the visit and making it the success it was.

**Year 12 update**
The end is almost in sight. The next four weeks are vital to their ultimate success. Most teachers still have new content to teach and it is important for students to maintain focus. Although some courses may have completed delivery of the content, it is imperative students use these last weeks to prepare themselves thoroughly for the BOSTES exams. Now is the time to carefully reflect on what is needed to improve upon results and then practise exam technique when in the classroom and during study time.

I tell students frequently ‘Your teacher is your best resource’. Talk to them and ‘pick their brains’ for every last piece of information and skill needed to succeed. Teachers have planned a rigorous program for their students over the coming weeks and it is mandatory they are at school every day to make maximum use of their expertise and knowledge. Students are strongly advised to work together to improve the overall performance of the whole group as this will ensure there are more marks to be distributed amongst all of them after the BOSTES exams. Students have been provided with the following:

- Be at school and in class, every day until your graduation on Thursday 18 September 2014.
- Be in full school uniform at all times – you are still a role model for younger students and you have a responsibility to the school and to them to set the right example.
- Behave in the exemplary manner which we associate with Year 12. We need you need to maintain our excellent reputation as a school and respect the organisation for your final days at school. There will be no ‘muck-up’ day activities at or endorsed by the school. Any student failing to abide by this directive could face the school withholding of school documents, exclusion from school Graduation, not being invited to their formal or be forced to find other schools to sit the HSC.
- Spend the time to really make the most of the wonderful teachers at Narrabeen and maximise your results. It is never too late to make a difference!
- Continue to make us proud of your maturity, dedication and ultimate results. Remember you have to beat last year’s Year 12 and they did extremely well!

**Personal Best assembly**
Thursday July 31st was our Personal Best assembly to recognise the achievements of our students in Semester one. The ceremony recognised students who:

- are punctual and prepared
- work cooperatively,
- complete tasks, homework and assignments,
- are respectful to teachers and peers,
- have a responsible attitude towards their learning,
- have made the effort to achieve a personal best,

What makes someone strive for their personal best? Winston Churchill, the Prime Minister of Britain during WWII stated: ‘Success is not final, failure is not fatal: it is the courage to continue that counts.’ Michael Jordan, the basketballer sums it up nicely as well when he said: "I've failed over and over and over again in my life and that is why I
succeed.” Richard St John is a success expert in the US, who spent ten years doing over 500 face-to-face interviews with many of the world’s most successful people, including Bill Gates, Martha Stewart, Richard Branson, the Google founders and Rupert Murdoch. He analysed every word they said, sorted, organized and correlated every comment, and created one of the world’s largest and most organized databases on success. He describes success as passion, believing in what you do. Rupert Murdoch relayed to Richard St John that his work as fun and that’s why he’s successful. Success is fun. Success is pushing yourself through self-doubt and shyness. It’s not always easy to push yourself, which is why, in the words of Richard St John, they invented mothers – parents are important part of the recipe to success – they help keep us together. Persistence is important. Through failure, criticism and rejection, believe in yourself and stick to your goals.

Achieving personal best requires maturity, determination, planning and commitment. Success takes effort. Its reflection and goal setting. Congratulations and well done to all students who have worked hard and achieved their personal best.

A multitude of celebrations for Narrabeen Girls HS, Narrabeen HS and Narrabeen Sports HS.

2014 marks the 60th anniversary of the establishment of Narrabeen Girls HS in 1954. It also marks the 40th anniversary of the boys and girls schools merging into Narrabeen High School in 1974 and 20 years of being a Selective Sports High School. To celebrate this auspicious occasion, the school has established a working party to investigate the best options to mark the occasion. The date of celebration is marked for late November. If you are an ex-student and are interested in assisting the school with the organisation of this large event, could you please contact Ian Wood on 9913 7820. The next meeting is Monday September 1st 6 pm in the Staff Common Room. We look forward to seeing a healthy representation of support to assist.

Outstanding sporting success:

In recent weeks Narrabeen has proven itself to be on top of its game, not only academically, creatively but in the sporting sense as well.

Our Open Girls Touch Team have also proven that team work is essential in success, by being crowned the second best girls touch football side in the State. On August 19th and 20th the girls played in a tournament at Gosford where the outcome would determine the State Champions. After advancing undefeated in their pool games and the semi-finals, the girls went down 6 - 3 to Hill Sports HS in a close match in the final. Narrabeen is so proud of the achievements of the girls and their super coach Ms Postle! The team is: Sinead McNamara, Aleya Wiggins, Macy Carrothers, Caitlin Cimarosti, Shellie Davis, Hannah Dyball, Georgette Randall, Ruby Reid, Jennaya Wiggins, Piper Martin, Hayley Creed, Meri Hopa Heremaia, Briana Hibbert, Bailee Nix, Drew Alexander and Referee Michael Riggio.

On August 7th our U14’s Buckley Shield Rugby League team smashed its way into the final four in the state with a convincing 20 – 16 win over South Grafton HS. Despite having an obvious size disadvantage against the much physically larger Grafton side, the boys proved that their time spent playing together both outside and within the Academy Rugby League program has paid off. We wish the boys well for the next phase.
Our Athletics Team participating in the State carnival is the largest number of students Narrabeen has contributed for over 10 years. There are twenty students participating in over seven events. We wish them well. (Check this).

**Changes to the DEC Permission to Publish requirements**
The DEC has narrowed its requirements in regards publishing details of students. Students will be issued with a request, seeking your permission to publish information about your child for the purposes of sharing his/her experiences with other students, informing the school and broader community about school and student activities and recording student participation in noteworthy projects or community service. This information may include your child’s name, age, class and information collected at school such as photographs, sound and visual recordings of your child, your child’s work and expressions of opinion such as in interactive media. These notes can be expected within the next week.

**The Australian Curriculum**
The next stage of the development of the Australian curriculum and its integration into the NSW BOSTES syllabuses is well and truly underway. The 7 - 10 geography syllabus has now been released for final consultation and our HSIE staff have spent many hours reviewing the document and making comments which will hopefully help improve the document prior to its release and implementation.

Meanwhile, early consultation has now begun on the senior English, mathematics and science courses. These subjects will incorporate the national curriculum developed by the Federal Government but retain the rigour and depth traditionally associated with the NSW curriculum; a curriculum, which has enormous respect from educators around the world.

Ensuring quality in these areas is absolutely imperative, as these courses will eventually be examined in the HSC and contribute to students' ATARS. Given the need to ensure these courses and the associated assessment are of the highest quality, it is unlikely that implementation will commence before 2017 at the earliest.

**REAR to CURB - Namoma St Council Car Park.**
To address serious safety concerns in the car park at the end of Namona St, Pittwater Council, via negotiation with our school, has stipulated rear to kerb parking. The logic is with cars driving straight out of the car park, drivers will be more aware of pedestrians, especially young children attending Narrabeen North PS and the NBISC. The ‘Rear to Curb’ and ‘No Stopping’ signs were installed last week. At present there is a two week awareness period underway. It is important any senior students who drive to school and parents observe the Rear to Curb requirement as Council has clearly stated to the school anyone not complying will be issued with an infringement.

**It’s in the Quality of the teacher.**
Narrabeen has a strong focus upon teacher professionalism. On August 20th the school hosted over a 100 teachers from schools in the surrounding areas for the term 3 teacher meet on Gifted and Talented education. North Sydney GATE teacher meet welcomed the skills and experience of Karen Yager who shared her expertise in this area, outlining many useful strategies. Karen was a Public School teacher for a long time and detailed a variety of approaches to assist teachers in catering for students to think and be creative. It was pleasing to see a large representation of staff from Narrabeen. A special thanks must go to Ms Vergos, Head Teacher English who organised this wonderful learning opportunity for our staff.

I feel it is important parents are aware of the time and energy Narrabeen puts into ensuring our students are taught by teachers who are expertly trained and engage in professional learning. In 2014 Narrabeen has implemented a revision of the Quality Teaching model which focus upon explicit teaching and catering for the variety of students in the classroom. Coordinated by Deputy Mr Date, staff have been out through refresher sessions on what the Quality Teaching model is and implicit understanding of the dimensions which make up the model. Teachers are now at the stage of observing each other’s lessons and engaging in professional conversations on best practice. Additionally, staff are being trained in an ongoing manner in teaching the behaviours we expect at Narrabeen. Coordinated by Ms Frost, Head Teacher Science, our PBEL values of Respectful, Responsible and Successful behaviour have been examined by staff at professional learning sessions, who are provided with strategies and advised on best practice to guide our students in the classroom.

**Congratulations**

**UNSW ICAS Competitions**
Congratulations to all students who participated in the Computer and Science competitions. The following students have been recognised for their wonderful achievements:

<table>
<thead>
<tr>
<th>Year 7</th>
<th>Year 8</th>
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<tbody>
<tr>
<td>Macy Carrothers- credit in Science and participation in Computing Skills</td>
<td>Kym Cartwright-participation in Science and credit in Computing Skills</td>
</tr>
<tr>
<td>Jordan Katz- credit in Science and participation in Computing Skills</td>
<td>Jessica Graham –participation in Science</td>
</tr>
<tr>
<td>Zara McElroy- participation in Science</td>
<td>Nicholas Kot-credit in Science and merit in Computer Skills</td>
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<tr>
<td>Nic Palmer Davies- Distinction in Science and Principal's award</td>
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</tbody>
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PERSONAL BEST AWARDS SEMESTER 1 REPORTS 2014

YEAR 7
PERSONAL BEST ALL SUBJECTS
Eve Baker  Shaddy Javanshir-Bazehoor  Jaylin Rae  Abbey Waterworth
William Brown  Bazeeshor  Tayanita Robertson
Natalie Gaul  Gracie Marnoch  Luke Simpson
Marlee Hottes  Jared Mitchell  Alice Turner

PERSONAL BEST
Emily Back  Jasmine Harris  Jordan Katz  Luka Vigour,
Megan Berryman  Jakob Hogan  Skye Kirkland  Brittany Vince
Zoe Cartwright  Kurush Javanshir-Bazehoor  Zara McElroy  Mitchell Vituseck
Amy Clough  Chloe Jones  Kara Meth  Paris Whiteley
Rebekah Dallinger  Nicholas Palmer-Davies  Ethan Raper,
Isabella Deisel

YEAR 8
PERSONAL BEST ALL SUBJECTS
Kym Cartwright  Robert Gibbons  Luke Hutcheson
Hayley Creed  Molly Graham  Nicholas Kot

PERSONAL BEST
Emme Barclay  Aster Emerson  Oliver Kovarik  Otto Schultz
Samuel Bennett  Kiahna Gilmore  Jarret Long  Nathan Van Buuren
Kade Bird  Jessica Graham  Keryn MacDonald  Jacqueyln Warne
Luke Bosco  Georgia Harvey  Mollie Marnoch  Benjamin Welsh
Robbie Caldwell  Joshua Hawkins  Bailee Nix
Monique Dive  Briana Hibbert  Mark Polner
Jamie Donnelly  Jordan Hunt  Ruby Reid

YEAR 9
PERSONAL BEST IN ALL SUBJECTS
Lauren Bateman  Olivia Giuliano  Alexander Hogan  Lana Sexton

PERSONAL BEST
Kaleb Bakker  Tahlia Floreno  Remy Lowe  Joab Woodcock
Patrick Curley  Christopher Halliday  Bronte Moller  Lauren Woodcock
Mikaela Dive  Samantha Judd  Chaska Salazar
Christian Estrella  Harrison Knapton  Nadia Schraner

YEAR 10
PERSONAL BEST IN ALL SUBJECTS
Olivia Palmer-Davies  Rebecca Whitehead

PERSONAL BEST
Drew Alexander  Christopher Hofstaetter  Milica Obradovic  Natalie Welsh
Erin Healy  Devansh Kala  Isabeau Wellington  Jennaya Wiggins

YEAR 11
PERSONAL BEST IN ALL SUBJECTS
Gina Groskops  Sofia Heszterenyiova  Alana Salvador
Teegan Jabuka  Joanna Kot  Holly Smith

PERSONAL BEST
Kyla Bolterstenj  Shannon Dive  Kiara Hoare  Angus Murray
Shellie Davis  Hannah Dyball  Paige Jeanneret  Aden Yii

YEAR 12
PERSONAL BEST IN ALL SUBJECTS
Juan Bulaon  Harry Hawthorne  Riley Thomas
Jordan Dive  Victoria Reid  Aliena Wellington

PERSONAL BEST
Kathleen Chattaway  Jack Gillis  Morgan Mumford
Nicolas Domergue  Christopher Hall  Rhys Straker

Lance Berry
Deputy Principal’s Report

This Wednesday our 2015 School Captain nominees will be interviewed by a panel including our current school captains, Mr Wigan as year adviser, Mr Berry and me. This is quite a daunting task for our young people but I know they will be outstanding in their interviews. An Induction Ceremony will be held on Thursday 28th August at 10:15am for our Prefects and SLRC representatives. All parents are welcome.

Year 12 students have just completed their Trial Higher School Certificate examinations. These are the closest examinations in structure and length to the actual Higher School Certificate examinations. Teachers have been pleased with the dedication of many of our students to achieve their personal best at this time. Year 12 major works have been completed with the Visual Arts and Design and Technology and Industrial Technology projects marked by external examiners. Music students will have their performances assessed by examiners next week. Thank you to Mr Small, Mr Tapscott, Dr Augustyniak and Ms Schneider who have spent many additional hours in school holidays to complete these projects. Thank you to Ms Schneider and the TAS faculty who are presenting the Bodies of Work display in the library this week. All parents are welcome on Wednesday night and Thursday to view these projects.

Year 11 students will shortly be completing their final examinations. This is the time that students should be revising consistently so to move information into their long term memory. Graphic organisers, rhymes, working with a learning partner and completing past papers will assist in the preparation for final examinations. After the completion of these, students in Year 11 wishing to change their pattern of study as they move into Year 12 should bring a note from home and see me for a change of subject form. This will also require an interview with the Careers Adviser and Principal. Students seeking an ATAR are advised to keep 12 units as research suggests that students who carry these extra units achieve a better ATAR and therefore have more options for University entrance.

Students in Years 10-12 with outstanding N awards are advised to redeem them in the next couple of weeks as we are about to determine which students will be considered to have successfully completed their course. Students with two unredeemed N award warning letters may not be able to move to the next academic year. Students in this situation will receive a letter home and require an interview with the Principal.

Parents are reminded that the school leaving age is now 17 and if students wish to leave, the school must have written proof of 25 hours of employment, enrolment in a course or a combination of these. Ms Weller our outstanding Career’s Adviser can assist students to make educational and employment choices suited to their interest and capabilities.

Parents are reminded of the importance of regular attendance at school. Please see the information included in this newsletter. Students who are unwell for an extended period are required to obtain a Doctor's Certificate and bring it to the Administration Office. Students are required to have an attendance rate of 85% and are reminded that constant lateness to school impacts on this percentage. Students below this rate in addition to the SMS alerts and letters home have interventions put in place such as interviews with the year adviser, phone calls home, welfare support and literacy and numeracy support. If after the best efforts of the school have seen little improvement we seek the support of the DEC’s Home School Liaison Officer who assists us to develop an attendance plan with the family. Poor attendance may impact on a student’s ability to move to the next academic year.

Lisa Peacock

Proud supporters of the Peninsula Community of Schools

McGrath

Diamond Hill

Peninsula Living
## Calendar of Events

### Week 7A

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
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<tbody>
<tr>
<td>25 August</td>
<td>- Year 7 Road Safety</td>
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<td>- Homework Club 3:15-4:15pm Library</td>
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<td></td>
<td>- Kieran Foran Cup (Girls Rugby League) Nolan Reserve 4pm</td>
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<tr>
<td>27 August</td>
<td>- Year 12 Bodies of Work Exhibition 6-8pm Library</td>
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<tr>
<td>28 August</td>
<td>- Year 12 Bodies of Work Exhibition 9am-2pm Library</td>
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<td>- Prefect Induction Ceremony- Morning tea for all staff with parents</td>
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<td></td>
<td>and elected students in the common room</td>
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<td></td>
<td>- Bronze Duke of Ed Test Hike Dharug National Park</td>
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<tr>
<td></td>
<td>- Year 7/8 Rugby League Legends Shield Day Macquarie University Fields</td>
</tr>
<tr>
<td>29 August</td>
<td>- Bronze Duke of Ed Test Hike Dharug National Park</td>
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<td>- Under 15’s Girls Knockout Basketball (Round 3)</td>
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### Week 8B

**State Athletics Carnival**

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
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<tbody>
<tr>
<td>01 September</td>
<td>- Premiers Sporting Challenge - Year5-8 Learn to Lead day</td>
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<tr>
<td></td>
<td>- U14’s Buckley Shield Rugby League - Ashcroft High School</td>
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<tr>
<td></td>
<td>- Homework Club 3:15-4:15pm Library</td>
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<td></td>
<td>- Kieran Foran Cup (Girls Rugby League) Nolan Reserve 4pm</td>
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<tr>
<td>02 September</td>
<td>- HSC Music Prac Exam - AM</td>
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<tr>
<td>03 September</td>
<td>- Sensational Science Food Fair</td>
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<tr>
<td>04 September</td>
<td>- Wings Showcase</td>
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<tr>
<td>05 September</td>
<td>- Year 10 science and History Australian Museum year 10 Excursion</td>
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<td></td>
<td>- Vaccinations - visit 3 Year 7 and Year 9 boys</td>
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### Week 9A

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
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<tbody>
<tr>
<td>11-13 September</td>
<td>- Silver Duke of Edinburgh Test Hike</td>
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### English Report – Striving for Personal Excellence

We are always busy in English ensuring Narrabeen students are engaged in learning.

Year 12 have received feedback on their Trial Examination papers. Students are revising HSC concepts and modules. They are also practising essay and creative writing skills in preparation for the HSC.

Advanced students attended the ETA HSC Paper 2 Modules day at Sydney University and Extension students had the opportunity to participate in ETA’s Crime Writing seminar at Newington College.

Year 11 have been studying Bruce Dawe’s poetry. Students have discovered Dawe’s anti-war stance during the Vietnam War. They have closely examined the power of his words to awaken and shock the audience’s senses as illustrated in his poems, Weapons Training, Homecoming and A Good Friday was had by all.

Year 10 had a fantastic day out at the Playhouse Theatre, Sydney Opera House. The Bell Shakespeare company presented a modern and riveting performance of Macbeth. Students are currently writing feature articles on The Bloody Times and Terrible Crimes of Macbeth. As journalists, students must reveal how Macbeth’s vaulting ambition transformed him from a noble and courageous warrior to a villainous tyrant.

Year 9 students have been writing War Experience essays. They have looked at a range of texts like Goodnight Mr Tom, The Boy in the Striped Pyjamas, Birthday Boy and Rose Blanche to explore not only the glorification but also the futility of war.
Year 11 Premier’s debating team: Holly Smith, Jaiya Bray, Alana Salvador and Kyla Boltersten

ICAS Champions: Nic Palmer-Davies, Macy Carrothers, Zara McElroy and Jordan Katz

Year 12 Extension students: Aliena Wellington, Victoria Reid, Jordan Dive, Morgan Mumford, and Nic Domergue appropriated a horrific and brutal crime scene from the Novel The Skull Beneath the Skin by PD James

Extension students Aliena Wellington, Jordan Dive and Victoria Reid with Karen Yager and Jane Sherlock at ETA’s HSC Crime Writing Presentation

Year 11 Standard English students dramatized a scene from the poem, Homecoming. Students emulated the dead soldiers in body bags: ‘They’re bringing them home, now, too late, too early’.

Year 10 students at the Playhouse Theatre, Sydney Opera House

Year 11 Premier’s debating team: Holly Smith, Jaiya Bray, Alana Salvador and Kyla Boltersten

ICAS Champions: Nic Palmer-Davies, Macy Carrothers, Zara McElroy and Jordan Katz
Year 8 students have been investigating the Australian Experience through RAP poetry. Students have been writing STEEL paragraphs and revising poetic techniques.

Year 7 students have subverted the fairy tale genre with terrific stories like Goldilocks and the Three Hairs, Spinderella and Little Red Hoody Boy. Students are also writing extended responses on the concept, Survival.

We encourage all students to read 15 – 20 minutes every night for pleasure and enjoyment.

Year 11 Premier’s debating team consisting of Holly Smith, Jaiya Bray, Alana Salvador and Kyla Bolterstenj competed against Manly Selective and Mackellar Girls’. The debate topic against Manly and arguing the affirmative was: English should be compulsory. It was a close call against the 2014 competition champions. The adjudicator complimented our first time team, impressed with their structure and rebuttals. The team was ecstatic and we were immensely proud of their efforts and professionalism. Their second match against Mackellar Girls’ about mandatory school sport saw both teams arguing essentially the same point and again it was difficult for the adjudicator to award a winner. Debating has strengthened the students’ abilities to communicate ideas effectively and concisely.

**Stratia Vergos**  
Head Teacher English/CAPA

**Term Three in Geography**

Congratulations Year 8 Geography  
This week we recognise the outstanding achievements of Year 8 Geography students who represented our school as part of Project Green Sea Turtle. At a special presentation at Taronga Zoo, Narrabeen students confidently addressed fellow PCS students and distinguished guests including Pittwater Council Major Townsend about the dangers of plastic debris on marine life and reported on our school’s efforts to reduce plastic waste. Students who participated in Project Green Sea Turtle were rewarded with specialty turtle-mugs to celebrate their efforts.

Upcoming Youth Eco Summit  
Forty Year 8 students are invited to participate in the Youth Eco Summit (YES) on 23 October as part of a joint Geography/Science enrichment program at Sydney Olympic Park. Students will participate in a range of engaging, hands-on workshops such as sustainable dairy farming, caring for bees, renewable energy and a mobile phone autopsy. Interested Year 8 students are encouraged to return their permission notes and money to the office as soon as possible to secure their place in this exciting program.

Outstanding Homework in Year 7-9 Geography  
We have some very talented Geography students at Narrabeen Sports High School! Students in Year 7-9 have been completing rich homework tasks to complement their learning in class by selecting tasks that most appeal to their preferred learning styles. Students have written poetry about Climate Change, rap-songs about Latitude and Longitude, planned overseas holidays designed multicultural food tours, cooked bush tucker meals and constructed board games. I am incredibly proud of the efforts of our students and look forward to presenting student work samples at future open days.

Other Geographic goings-on:

- 7T and Year 9 students have been perfecting their navigation skills through an orienteering challenge with our visitors from Tokushima. This activity was not only a great way to apply our numeracy skills but also build friendships with our Japanese buddies.

- Year 10 have explored our local coastal ecosystems by conducting fieldwork investigations on North Narrabeen beach. Students completed a coastal rubbish audit, identified plants on a cross section of the dunes, measured gradient and conducted chemical analysis of the lagoon. Students then used their findings as part of their coastal management assessment.

- HSIE staff have been diligently completing professional learning in literacy strategies to engage students in the new Australian Curriculum in History and Geography. Each week, HSIE teachers have been participating in web-based seminars to gain new insight into the Australia Curriculum and develop teaching strategies to engage 21st Century learners.

- Year 11 have completed their Senior Geography Projects and I have been extremely impressed by the quality of the research and analysis. Students selected topics of personal interest and used primary and secondary research techniques to compare their findings with academic journal articles. Students have also demonstrated their understanding of ethical research practices and have applied the conventions of APA referencing to prepare for the demands of university-level research. I congratulate all Year 11 Geography students for their efforts in completing this major project.

2014 Senior Geography Projects Research Topics include:
  - ‘Love locks’ – a public display of affection or vandalism?
How are acceptable behaviour-norms regulated by the different spaces we occupy? A comparative study of Newtown and Narrabeen.
How does graffiti affect community identity in Narrabeen and Newtown?
How do retail centres cater for diverse cultural needs? A case study of shopping precincts in Chatswood.
Why are Australians so passionate about the Eurovision Song Contest?

John Wigan
Geography Teacher

Junior Leaders Program

The Junior Leaders program at Narrabeen Sports High helps our year 10 students develop skills in leadership that will be advantageous for their education and future careers.

In Term 2 the following Junior Leaders visited Elanora Heights Public School: Caitlyn Cimarosti, Britanny Grech, Christopher Hofstaetter, Olivia Palmer-Davies, Charlotte Rees-Oakley, Carl Saunders, Maxx Ward, Natalie Welsh, Rebecca Whitehead and Jennaya Wiggins. The group were assisting a number of different classes from year 1 – 4 with various activities in and outside the classroom.

In Term 3 the following Junior Leaders have been visiting Narrabeen Lakes Public School: John Estrella, Alex Hancock, Erin Healy, Carina Leon de la Barra, Milica Obradovic, Michael Riggio, Jarrah Rogan and Josh Gacelos. Two students have been helping in a year 4 class and the others are with the year 1 classes.

Both groups are enthusiastic students who are excellent role-models for the primary students and I have thoroughly enjoyed working with them.

In Term 4 the School Executive selects a group of Year 9 students who have demonstrated respect, responsibility and success over the year. These students are then involved in a 2 day training programme which covers topics including leadership skills, learning styles, time management, duty of care and the roles and responsibilities of a mentor to younger students. The following year the successful students will then visit Narrabeen North, Elanora Heights or Narrabeen Lakes Public Schools for one school period over several weeks during a term to assist students there with their learning. The activities they may be involved in depend on the needs of the particular class they are visiting, but could include helping the primary students with their reading, handwriting, spelling, and mathematics. This programme has been important in facilitating a continuing connection with our feeder primary schools and we are very proud of our Junior Leaders.
History Report

Year Seven Explore Ancient Egypt!
7R (Mrs Turner) and 7A (Mrs Mumford) have been enjoying their study of Egypt in History classes this term. They recently completed a research project and some of the results were outstanding! Well done to all students.

Team ‘15 in Term Three

Examinations are approaching!
The Preliminary year of the HSC is rapidly drawing to a close for Team ‘15. In only a few short weeks, Year 11 students will complete their end of course examinations in their first, formal exam-block. To best prepare for these very important assessment tasks, all Year 11s are encouraged to attend weekly study seminars offered by the Learning Support Team. These study sessions will take place each Tuesday morning from 8:50am in the library and help prepare students for the demands of the HSC. I encourage all Year 11 students to make the most of this fantastic opportunity.

Outstanding student leadership
As Year 11 concludes it is also time to select student leaders for 2014-2015. This term we have heard speeches from incredibly strong leadership candidates from Team ‘15 and I was very proud to hear Kirby, Holly, Joanna, Gina, Kyla, Jaiya and Jacob reflect on their time at Narrabeen Sports High School and share their leadership qualities with our school community. We have some outstanding leaders in Team ‘15 and I look forward to working with these students as they continue to develop their skills over the coming year.

Co-curricular success
Shaun is to be congratulated for his recent appointment to the Sydney FC youth squad. This is an outstanding achievement and I look forward to seeing Shaun playing competitive football very soon!

All our Elite-level Athletes in Year 11 have been working diligently with their mentor, Miss Tan, to balance their academic and sporting commitments throughout the year. Hannah, Shellie, Meri, Jess, Shaun, Brian and Dylan are all outstanding athletes and have represented our school with pride. I commend these students for their efforts so far and encourage them to continue to work with Miss Tan to strive for their personal best.

Jaiya, Gina, Kyla, Holly, Joanna, Shannon, Teagan, Ben must all be congratulated for their outstanding efforts in our school's production of Beauty and the Beast. As Year Adviser I was incredibly proud of our talented year 11 performers and stage crew and I commend each of these students for their efforts.

Our growing team
This term we have welcomed twelve new students to Team ‘15 including international students from Italy, Norway, Sweden and Brazil. Our grade is now bigger than it has ever been and it is fantastic to see our cohort grow as we progress through to the HSC. All Year 11 students are invited to purchase a Senior Jersey as we prepare to start the HSC course next term. Any students who have not yet placed their jersey order must do so ASAP so that the jerseys may be ordered and manufactured before next term.

The importance of attendance
Finally, all Year 11 students are reminded about the importance of attendance in classes. We have some incredibly talented sportspeople, actors, musicians, dancers and leaders in our grade and while I commend all our students for
their efforts, we must endeavour to attend all class lessons. When students are absent from class, they miss invaluable learning experiences, explanations, class discussions and social interactions that impact upon our students’ learning potential. If students are absent for any reason they must ensure they meet with their teacher to discuss activities they have missed and they make every effort to complete readings, class tasks and homework. As we approach end of course examinations in Week 9 it is essential students are in-class to give themselves the best chance of success in the Preliminary HSC.

John Wigan
Team ‘15 Adviser

YEAR 8 GALA DAY

On the 11th August 2014 Narrabeen Sports High Year 8’s participated in the annual Gala Day against Pittwater, Barrenjoey Manly and Cromer High Schools.

All teams were outstanding and showed great sportsmanship throughout the day. We were very successful on the day and won the Grand Final in the following sports; Netball, Boys and Girls Touch Football and Basketball.

Year 8 Netball Team: Aster, Sally, Amie, Brianna, Heidi, Kerry, and Abigail.
Year 8 Boys Touch Team: Tom, Robbie, Shaun, Adam, Tenzin, Choegyal, Sean, Ethan, Zach, Charlie, Mitchell, Moises, Jamie, Zac, Nathan, Dale, Dallas
Year 8 Girls Touch Team: Brianna, Ruby, Bailee, Jade, Georgia, Parris, Charley, Rachel, Brooke, April, Katherine, Sian, Abigail, Ellie, Kiara
Year 8 Boys Basketball Team: Dylan, Jayden, Jack, Samuel, Ben, Mitchell, Aiden.

Thank you to the following Year 10 and Year 11 students John, James, Arvin, Calvin, Michael, Jarrah, Kade, Caitlin, Drew, Georgette, Jennaya, Elise, Sinead, John for referring and coaching on the day.
**Buckley Shield U/14’s progress to the final four in NSW**
The Buckley Shield is a state wide under 14’s Rugby League Knock-Out competition. Narrabeen Sports High played South Grafton High at Lake Park on Tuesday the 5/8/14 in the quarter final.

Narrabeen were down 10 – 8 at half time with South Grafton simply unstoppable on our try line. Two early converted tries in the second half put Narrabeen back in the lead. Our impressing offence was unrivalled with accurate cut out balls from our halves and hard running at the line by all players. This proved to our opponents that we were here to play good quality rugby league.

It was a hard fought contest against a physically larger team but our boys played with consistency and determination which lead to a 20 to 16 victory over South Grafton High School.

We are now in the final four of the state and will be playing Ashcroft High School in the coming weeks and if we are successful we will play in the grand final.

---

**Stop Press**

**Under 14 Rugby League will play Ashcroft High on 1st September in Semi Final of NSW Buckley Shield.**

**State Athletics Competitors competing on September 4th, 5th and 6th September @ Homebush**

- Taya 100, 200m Long Jump
- Moises 100m, 200m
- Maddi High jump
- Jacob 200m hurdles, Long jump, 100m hurdles
- Caitlin 100m, 200m
- Rebecca 400m
- Georgia Shot Putt

- Under 14boys relay (Moises, Charlie, Ethan, Jacob)
- Under 16 girls relay (Rebecca, Caitlin, Angelique, Jennaya).
All children have a right to an education. Only by regular school attendance can children make the most of educational opportunities, leading to greater social and economic outcomes.

Schools play a vital role in the social and emotional development of children. Regular attendance enables students to develop a sense of belonging to a peer group and assists in building important coping and friendship skills. Confident children are less likely to engage in anti-social behaviour.

If students miss out on the basic skills in the early years of school, they may experience learning problems in later years. Ultimately, unsatisfactory attendance at school may affect the awarding of the School Certificate.

Schools, in partnership with parents, are responsible for promoting the regular attendance of students. While parents are legally responsible for the regular attendance of their children, school staff, as a part of their duty of care, monitor part or whole day absences. Parents and schools have specific responsibilities concerning children’s attendance at school.

Responsibilities of the principal

Principals are legally responsible for maintaining accurate records of student attendance. When reasons for absences are provided to the school by parents, principals are accountable for their decision to record a student’s absence as justified. Principals may decline to accept as satisfactory an explanation for an absence and will record that absence as unjustified.

Principals may request medical certificates or other documentation when absences explained as being due to illness are frequent or prolonged.

What is a justified reason for being absent from school?

Justified reasons for absences may include the student:

- having an unavoidable medical or dental appointment (preferably, these should be made after school or during holidays)
- being required to attend a recognised religious holiday
- being required to attend an exceptional or urgent family circumstance (such as attending a funeral)
- being sick, or having an infectious disease.

Responsibilities of parents

The Education Act 1990 requires that parents (including carers) ensure that children of compulsory school age are enrolled at and regularly attend school, or are registered with the Office of the Board of Studies NSW for home schooling. The New South Wales Department of Education and Training may take legal action against parents and carers who do not send their children to school without a valid reason.
Head lice infestations can be a common occurrence, particularly in primary schools. Parents should check their child’s hair regularly for head lice and undertake treatment where eggs or lice are identified. Information on how schools can support parents to manage and prevent the spread of head lice can be accessed from the student health section of the Department’s website at http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/headlice/index.php. Advice from NSW Health indicates that there is no need for students to be sent home or excluded from school because of head lice. Having head lice is not a justified reason for prolonged absences from school.

Absences for reasons such as some of the following may not be justified:

- Shopping
- Sleeping in
- Working around the house
- Minding younger siblings and other children
- Minor family events such as birthdays
- Hair cuts.

It is important to realise that parents (including carers) may be prosecuted if children have recurring unjustified absences from school.

### Holidays

Parents and carers are encouraged not to withdraw their children from school for family holidays. If this is necessary parents should discuss these absences with the principal and may be requested to apply for a Certificate of Exemption from attendance at school. This will ensure that these absences are not permanently recorded as unjustified.

When considering applications for Certificates of Exemption, principals may consider a variety of factors. These may include compassionate reasons, family reunions, the educational merits of the holiday and agreement for the student to complete assignments while on holiday. In some cases application for Distance Education may be more appropriate than seeking an exemption from school attendance.

### Arrival on time

Arriving at school and class on time:

- ensures that students don’t miss out on the important learning activities scheduled early in the day when the students are most alert
- helps students learn the importance of punctuality and routine
- gives students time to greet their friends before class and therefore,
- reduces the opportunity for classroom disruption.

#### Need help?

If you are having difficulty getting your child to attend school regularly, you might like to talk to the school principal or the school counsellor. In primary school you could also approach the assistant principal and in secondary school, your child’s year adviser would be a good contact.

Home school liaison officers offer support with attendance at school. Some school areas also have Aboriginal student liaison officers who support the attendance of Aboriginal students.

Telephone your local Department of Education and Training regional office and speak to the student welfare consultant if you would like further support. A list of regional office telephone numbers can be accessed at the web site address: www.det.nsw.edu.au/contactus/index.htm or by telephoning 131 536.

Lateness is recorded as partial absence and must be explained by parents or carers in the same way as other forms of absence.

#### Must my child attend all activities, including sport?

**YES.** Sport and other physical activities help the healthy physical and mental development of children. Sports and sports carnivals are normal school activities and students must attend.
Sunday, August 31
P&C Car Boot Sale

Parents and Students, if you can volunteer for 2 or 3 hours on Aug 31, contact us and get the shift of your choice

*** BBQ cooking and drink sales.

*** Early shift to help with parking stall holders! 5.15-7.30am to get all the cars and trailers set up.

*** School parking, gate and parking management.

*** End of day cleaning up, get those end of day bargains and help us finish the day off. 1-3pm.

Please contact:
BBQ help: please call Vyv Roberts on 9913 9659 during school hours Mon.-Fri. to be added to the BBQ roster. You can also email, vyvyienne.roberts@det.nsw.edu.au.

Boot sale set up, clean up and parking help: please call Jo Moyes on 0449 082 514, or email narracarboot@gmail.com.

THANK YOU for all your help with the Car Boot Sale days, they could not happen without you!

P&C Car Boot Information Line 0421 810 019
Email: narracarboot@gmail.com  website: www.narrabeenhighcarboot.org

All the P&C funds raised directly support NSHS.
Mona Vale Library will be presenting a photographic display paying homage to the people from our local area who served during World War One.

The library will be featuring seven WW1 veterans who were either born in the area or moved to Pittwater in later life. Memorabilia will also be on display and has been generously loaned by the veteran’s families. Come along, step back in History and learn a little about the Great War from a Pittwater perspective.

**When:** Monday 8 September - Monday 22 September

**Where:** Pelican Room, Mona Vale Library

**Time:** During Library opening hours

**Cost:** Free

For more information contact the library on 9970 1600

History Week Talk

THE GREAT WAR

‘The Battle of Fromelles’

The Battle of Fromelles in July 1916 was the first battle for the Australian troops on the Western Front. It was an unmitigated disaster that still impacts on the lives of many Australian families.

It is a fascinating but little known story and Jim Munro will explain the battle, its reasons and why it was such a disaster, and tell the story of the “missing” soldiers and the quest to find them, identify them and honour them.

Jim Munro is the Vice President of the Families and Friends of the First AIF, a group dedicated to perpetuating the memory of the service and sacrifice of the soldiers who served in The Great War 1914-1918.

Venue: Pelican Room - Mona Vale Library
1 Park Street, Mona Vale

Time: 6.30pm

Date: Wednesday 10 September

Cost: FREE

Bookings: Essential

More info: Contact the library on 9970 1600

Pittwater Council has been working in partnership with Narrabeen North Public School and Narrabeen Sports High School to address the road safety and pedestrian concerns in the Namona Street car park.

To improve safety and visibility for drivers and pedestrians, Council will be making some changes to the current parking situation.

What will be happening?

- All 90° parking spaces will become rear to kerb parking and restricted to vehicles under 6 meters in length. This means that you will have to reverse into your car spot. This will improve driver visibility when exiting the car space and will improve pedestrian safety.
- No Stopping will be installed on the bollards and across the gate on the north side of the car park to improve pedestrian safety and traffic flow. You will no longer be able to stop your vehicle at any time or to pick up or drop off any passengers in this area.
- Line markings will be improved on the shared pathway which runs through the car park.
- A speed limit of 15 km/h will be implemented in the car park.

When will the changes take place?

- Rear to kerb parking and No Stopping will be installed WC 11 August 2014.
- Line markings and speed limit to be installed by the end of August 2014.

Council will be working with the school community during changes to the parking in the Namona Street car park and will be providing education for a two week period commencing 18 August 2014. After this time we will be enforcing the rear to kerb parking and No Stopping.
Mental Health Forum and Expo
When: Friday 31st October 2014
Where: Dee Why RSL Club Auditorium

Hosted by:
Northern Beaches Mental Health Service Community Consultative Committee

Contact:
Jennifer Ovenden: (02) 9976 9605
or Sally Cornelius: (02) 9998 2966

Applications close on 17th October 2014.
Numbers are limited for catering purposes be quick to book ensure your place is secured.

To book your place at the Northern Beaches Mental Health Service Community Consultative Committee Mental Health Forum and Expo
Please contact administration at:

Pioneer Clubhouse
Balgowlah NSW 2093
Ph: (02) 9907 9999
Fax: (02) 9948 3980
E-mail: mail@pioneerclubhouse.org.au

Applications close on 17th October 2014. Numbers are limited for catering purposes be quick to book ensure your place is secured.

IF YOU NEED MORE INFORMATION

Contact:
Jennifer Ovenden: (02) 9976 9605
or Sally Cornelius: (02) 9998 2966

Sponsored by

Respite Services
LIONS CLUB OF MANLY

Focus On Recovery

Location

DEE WHY RSL
932 Pittwater Rd,
Dee Why, NSW 2099
(Car park entry on Clarence Avenue)
**Overview of the focus of the day**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00am</td>
<td>Registration &amp; Coffee</td>
</tr>
<tr>
<td>9:15am-9:30am</td>
<td>Opening address  How far have we come in the last 2 years? -Paula James</td>
</tr>
<tr>
<td>9:30am-9:45am</td>
<td>Partners in Recovery</td>
</tr>
<tr>
<td>9:45am-10:15am</td>
<td>National Recovery Framework</td>
</tr>
<tr>
<td>10:15am-10:45am</td>
<td>Morning Tea</td>
</tr>
<tr>
<td>10:45am-12:30pm</td>
<td>Guest Speakers</td>
</tr>
<tr>
<td>12:30pm-12:45pm</td>
<td>Questions &amp; Answer</td>
</tr>
<tr>
<td>12:45pm-1:30pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:30pm-2:15pm</td>
<td>Guest Speakers</td>
</tr>
<tr>
<td>2:15pm-2:30pm</td>
<td>Afternoon Tea</td>
</tr>
<tr>
<td>2:30pm-3:30pm</td>
<td>Group work, Action Plan, what can we do at a community level.</td>
</tr>
<tr>
<td>3:30pm-4:00pm</td>
<td>Lucky door prize draw</td>
</tr>
</tbody>
</table>

**Why Recovery?**

Good mental health and recovery is fundamental to the wellbeing of individuals, their families, and the whole population.

The purpose of the forum is to:

- Provide an opportunity for participants to gain a better understanding of the strength based recovery model for people who experience mental health issues.
- Develop stronger partnerships and linkages between consumers, family and support people, mental health services, GP’s, government, non-government services (NGO’s) and the community.
- Develop actions that will assist us as a community in moving forward and enhancing the recovery journey for people with a lived experience of mental health issues.
- There will be an Expo of Stalls from across the Northern Beaches with information on their services available to people on the Northern Beaches whose lives are impacted by mental health issues.
- Please join us so together we can work on ensuring that the best possible services available are provided to those who need and deserve such services.

**Guest Speakers**

- **Master of Ceremonies Simon Kennedy**
  - Paula James
    - Director Northern Beaches Mental Health Service
  - Laurie Bassett
    - Manager, Partners in Recovery
  - Dr Leanne Craze
    - Primary author of A national framework for recovery—orientated mental health services:2013
  - Sam Higgins
    - Voice Hearer, Consumer Consultant, Mental Health Educator & Workshop Facilitator
  - Rigzin Yuthok
    - Tibetan Community Worker Manly Community Centre
  - Lucy Brogden
    - Carer
  - Bryan Coleman
    - Bryan Coleman is a speaker and program facilitator at Batyr. Bryan has shared his story of a lived experience with mental ill health at a number of schools and forums in metropolitan and rural NSW
  - Lyn Anderson
    - Carer
  - Associate Professor Anthony Harris
    - Associate Professor of Psychiatry University of Sydney, Psychiatrist for the Prevention Early Intervention and Recovery Service, WSLHD, Director of the Clinical Disorders Unit at the Brain Dynamics Centre, President Schizophrenia Fellowship
  - Kalori Band
    - Consumers from Northern Beaches community & East Wing acute inpatient unit, meeting together to share musical & creative expression at Kalori recovery space at Manly Hospital
  - Mark McMahon
    - Consumer
NARRABEEN NORTH PUBLIC SCHOOL
TWILIGHT FAIR
FRIDAY 12th SEPTEMBER 2014
Fair activities starting at 4pm
Food and drinks available

75th ANNIVERSARY
1939 — 2014

outdoor games of old
market stalls
fantastic raffle prizes
stage show
craft
photo booth
face painting
hair colouring
body art
disco
fire truck
ambulance
music bus
movie
petting zoo
car display

ACTIVITIES 'TIL 6.30PM
MOVIE TO COMMENCE THEREAFTER

tickets $10 per person
More details on the school website

double decker bus rides
NARRABEEN
LAKES SCHOOL
MARKET


Saturday 6th Sept

9am - 3pm

By the lake, next to the sea
1299 Pittwater Rd, Narrabeen
(Opposite the fire station)