Principal’s update

I’ve missed more than 9000 shots in my career. I’ve lost almost 300 games. 26 times I’ve been trusted to take the game winning shot and missed. I’ve failed over and over and over again in my life. And that is why I succeed.

Michael Jordan (USA Basketballer)

Narrabeen has so much leadership capacity:

It was an absolute pleasure last week to watch the Year 11 students hoping to be prefects in 2014 address their peers outlining their strengths and visions for our school. All of the candidates deserve recognition for the way in which they prepared, spoke and presented themselves. They made the final decision a very difficult task for the students and staff who were voting. I have the great pleasure to announce the following Year 11 students will take the office of Prefect at the end of this term and during 2014- Erin Argent, Jordan Dive, Nicolas Domergue, Morgan Mumford, Victoria Reid and Mikel Salvador. These students will now nominate for the positions of School Captain and Vice Captain and then be interviewed by a Panel including the Deputy Principal, Year Adviser, myself and one of our current School Captains. This is a rigorous process and I am certain our candidates are able to meet the challenge.

Last week our junior students wishing to be part of the Student Leadership and Representative Council also presented speeches to their year group in the hope that they will be elected as year representatives. Congratulations to Jaiya Bray, Dylan Peppernell, Gina Groskops, Kyla Bolsterstenj, Carl Saunders, Carina Leon De La Barra, Cooper Westaway, Luke Bosco, Jessica Graham and Reiley Frankham who were elected to this position. An Induction Ceremony will be held on Friday 30th August for our Prefects and SLRC representatives. All parents are welcome.

So what’s in the boot?

Sunday 25 August will be our Winter Car Boot Sale. Please come along and support our school’s key P&C fundraiser. Any and all help would be greatly appreciated by our P&C.

What a time it has been in recent weeks:

Special acknowledgement must go to our fantastic Music, Drama and Visual Arts students who worked tirelessly to put together the brilliant *Musicale* last Wednesday evening.

The students involved deserve special recognition for the commitment and dedication they have shown for our school: Mitchell Nero, Mikel Salvador, Ryan Duke, Hamish Roggiiero Ramon Pace, Cyprus Tutunoa, Tony Finau, Gina Groskops, Jaiya Bray, Kyla Bolsterstenj, Tom Chen, Erica Alojado, Milica Obradovic, Francette Rodriguez, Emma Chattaway, Carina Leon de Barra, Isabella Cowap, Rebecca Whitehead, Arimbi Robertson, Rachel Kelly, Isabeau
Wellington, Grace Morrissey, Sophie Taylor, Angie McIlwraith, Lauren Bateman, Georgia Waldren and Kelly Hutton Taylor.

Narrabeen farewells our Japanese guests:
Narrabeen farewelld our Japanese guests from Tokushima Bunri HS. It was a significant visit for our students, especially the buddies who worked closely with their peers from Japan. I would like to publically acknowledge the efforts of the organisation team who put the visit together: Mr Date, Ms Thomson, Ms Callil and Mrs Ogayar. A special thank you goes to all of the buddies who assisted and made the visit a success.

Winners are grinners – success for Narrabeen in the 7’s U14’s and U 16’s:
On August 13th Narrabeen enjoyed duel success in the 7’s tournament held at St Ives. Well done to all of those who participated and coached us to success!

Year 9 2014 – selecting the right electives
We will be holding our subject selection evening for current year 8 students to come along and find out about the options for electives in Year 9. This is crucial for students and parents as this is the first step in students being able to select subjects based upon their own interests. The evening will start at 6.30 pm in the school library.

Narrabeen leads the way with transitioning into high school:
One of the great aspects I have noticed about Narrabeen is its relationship with the feeder primary schools. At present we have students from the various schools coming across to use our facilities, such as the dance studio. This term is the focus upon Gifted and Talented with our WINGS program currently underway with Year 5 students from the feeder primary schools. Our student leadership program operates all year with our feeder partner schools, where year 10 students work with stage 2 students in class. Most recently we held a matinee performance of our Musica performance for students from our feeder partner schools and received rave reviews. A special thanks goes to all of our fantastic teachers who work hard building the relationship with our partner schools.

Education funding – “OUR CHILDREN ARE WORTH IT”
“Better Schools” – previously known as the Gonski Reform - is now a bipartisan federal policy. Both parties have agreed to fund schools based on the model designed by David Gonski and his team of high powered reviewers. Worth billions of dollars, this is a landmark achievement and reform, one that will pave the way for future generations and the betterment of our society.
NSW boldly asserted itself with this reform. It was the first state to sign up to the federal government’s negotiations. Principals were proud of the fact that this was a state prepared to invest in education. All business people know that investment is critical if you want to grow, prosper and improve; and it’s the same for education.

Communicating is the key:
Success in developing teenagers requires commitment from all parties. One important part of this is clear communication between all parties. If you have any concerns relating to your child at school please don’t hesitate to contact us so we can resolve the issues. Contact should be made with the Head Teacher for academic concerns in a subject and Year Adviser for socialisation and emotional support. Additionally Susan Blundsen, our counsellor and Romayne Kiprioti our welfare coordinator are available.

Being at school creates opportunities:
It is pleasing to see most of our students turning up at school each day on time and in uniform. Attendance at school creates so many more opportunities for students. If your child misses school due to illness or other reasons, often they run the risk of falling behind. It is important to request work to catch up if they will be away for more than a day. Ongoing lateness similarly can impact upon students engaging with their learning. If your child is late please send them with a note of explanation and advise the school if there are any concerns we can assist with. The school will msg parents of students who are late or absent, as another measure to let you know. I request parents to assist us to reduce the numbers of days some students are away from school or late to school.
**Assessment Schedules:**
Assessment information and schedules have been uploaded onto the school's website for public access. Students from Year 9 through to Year 12 have been issued a paper copy of the policy and procedures only. It is very important that all Year 9 through to Year 12 students have downloaded their individual subject schedules from the school website which can be found under the banner ‘Curriculum and Activities’, assessment and reporting. The policy explains expectations and requirements regarding assessments and exams. It also outlines the process if a task or exam is not completed and how to appeal. Students and parents are urged to take the time to read the policies and schedules.

**Coming events of importance**
August 19th – Commendation letter’s sent home on students achieving outstanding results this term.
August 21st – School Captain/Vice Captain interviews
August 25th – Car Boot Sale P&C Fundraiser
August 27th – Yr 9 2014 Subject Selection evening. 6.30 pm school library
August 28th – Visual Arts and Industrial Arts 2013 Bodies of Work exhibition. 6 pm school library.
August 30th – Prefect/Captain/Student leader induction ceremony

**Congratulations and thanks:**
- Caio de Godoy who has been selected to represent Australia in the national U 16’s football team competing in Myanmar. Once there he will be playing against Brunei, Cambodia, Myanmar and Vietnam.
- Luke Bosco and Amelia Dean for their efforts in the Warriewood Centro Art Competition.
- Joshua Judd and Angelique Massa for qualifying at the CHS Athletics championships.
- Rugby 7’s U14’s and U16’s for winning their respective Rugby 7’s competition held at St Ives August 13th.
- Year 7 and 8 students for participating and achieving fantastic results in their respective Gala Days. Year 7 boys won the soccer and basket ball events, the girls won the soccer and came second in the touch and netball. The year 8 boys won the touch event and the other teams competed very strongly.
- Gabbi Bate (Yr 11) for assisting with the organisation of the recent Tokushima Bunri student exchange visit and especially for going above and beyond in making our Japanese guests feel welcome.
- Ms Young for giving up time to assist the Maths Department.

Till next time

*Lance Berry*
Principal

**Deputy Principal’s Report**

Year 12 students have just completed their Trial Higher School Certificate examinations. These are the closest examinations in structure and length to the actual Higher School Certificate examinations. Teachers have been pleased with the dedication of many of our students to achieve their personal best at this time. Year 12 major works have been completed with the Visual Arts and Design and Technology projects marked by external examiners. Thank you to Mr Small and Ms Purcell who have spent many additional hours in school holidays to complete these projects. Thank you to Ms Schneider and the TAS faculty who also contributed to the completion of these major works as they are always a team effort.

Now that this time of extreme pressure has come to an end, it is time for Year 12 students to consolidate their learning and seek assistance from staff to identify areas within their subjects that require strengthening. The more examination style questions students do, the more chance they have of achieving success. The multiple choice questions on HSC online are a wonderful resource and teachers will be advising students to do as many of these as possible.

Year 11 students will shortly be completing their final examinations. This is the time that students should be revising consistently so to move information into their long term memory. Graphic organisers, rhymes, working with a learning partner and completing past papers will assist in the preparation for final examinations. After the completion of these, students in Year 11 wishing to change their pattern of study as they move into year 12 should bring a note from home and see me for a change of subject form after discussing their options with our Careers Adviser and teachers.
Parents are reminded that the school leaving age is now 17 and if students wish to leave, the school must have written proof of 25 hours of employment, enrolment in a course or a combination of these. Ms Weller and Mr Wood are our outstanding Career’s Advisers who can assist students to make educational choices more suited to their interest and capabilities.

Our school continues to offer students many exciting opportunities. Recently we have had Year 11 Hospitality Work Placement, Musicale, our Year 5 Wings Program, Futsal Championships and the Junior Leaders have been mentoring at our local primary schools. It is always so very busy here at Narrabeen.

Year 8 subject selection evening will be on Tuesday 27th August at 6:30pm in the Library. Please come along and hear about the process of selecting subjects for Year 9, the new Record of School Achievement and talk to Head Teachers about subjects and which will suit your child best. Subject selections will be due back to me on Friday 30th August.

Lisa Peacock

Proud supporters of the Peninsula Community of Schools

Tokushima Study Tour

This inaugural tour was a unique experience for emerging leaders in Year 10. The Japanese students arrived for a two week study tour on Sunday 28th July and were collected by their host families. The students were greeted by Mr Berry and Mr Date and the event was started on a wonderful note. A big thank you to all host families who looked after these students.

The Tokushima school is an academic learning environment linked to the Tokushima University. Students attending this school are set on pathways of learning linked to the University. Most wish to become doctors, lawyers and engineers in Japan. These students have incredible educational expectations which are admirable.

The study tour was about exposing these students to Australian culture and to extend their spoken English. The students had timetabled ESL lessons and I wish to extend my gratitude to Ms Rodgers and Ms Calil for all their effort. In
addition to this, the students were linked to an “Aussie buddy” who then took the students to integrated lessons. Gabbi Bate showed enormous knowledge in all aspects of Japanese culture and was instrumental in the buddy program. Here the school and “buddies” had a wonderful opportunity to shine. Mr Date did a superb logistical exercise by organising their classes and I wish to thank all staff who ran the Art, Maths and Cooking lessons. A special thanks to Mr Small for helping the students create the key rings, a memento of the tour.

Highlights included visits to the Wetlands and surrounds, Blue Mountains, Tobruk farm and the Sayonara Party. The Finale of the tour was when our students performed at the Sayonara Party where the Japanese students ran quizzes, origami sessions, and performed their traditional customary dance. The Aussie style BBQ was also a huge success and I would like to compliment Mrs Roberts and Mrs Duffy from our marvellous canteen and the real chefs their husbands for their hard work on the night. A terrific night was had and it was so warming to see our students as buddies dancing with the Japanese students and exchanging small gifts of gratitude.

One special event organised by Mr Date was the planting of the Cherry blossom tree with the paper cranes symbolising peace on the 6th August. This was the 68th anniversary of the bombing of Nagasaki. I hope you read the article in the Manly Daily (Saturday 10th August) which captured the moment for us.

Thanks to Mr Berry, Ms Peacock and Mr Date for their continued support of the International student program.

Thanks to Mrs Ogayar and Mr Lazzoppina for all their ongoing efforts to assist the students throughout the tour.

A big congratulation goes to our buddies who represented our school community magnificently. Mr Takeuchi the Principal was so very impressed yet also concerned as his students wished to attend our school.

All staff is to be commended for their support.

Sayonara

Mrs S Thomson
Teacher/Librarian
International Students Coordinator

Sayonara Party Lost Property

Having so much fun at the party it was easy to forget about umbrellas. If you left yours behind, please contact Mrs Thomson or Mrs Ogayar in the library on 99137820 - during school hours

Hands Off

Narrabeen Sports High School has a zero tolerance to bullying and harassment. All students have been issued with an updated pamphlet of our Hands Off policy. It has been updated as we have been reviewing our Anti-bullying and Harassment policy. Please read the handout as it has some advice for parents if you think your child is being bullied and who to contact at the school.

We can only act if a student reports any instances of bullying or harassment. It is not dobboning on someone by telling a teacher that they are being harassed by another person. Noone deserves to be harassed. Everyone has the right to feel safe. What is important is that the student reports it to their Year Adviser or a teacher they feel comfortable talking to.

For a parent to report an issue, either speak to your child’s Year Adviser, Ms Kiprioti (Welfare Co-ordinator), one of our Deputy Principals (Mrs Peacock – Yrs 8,10,12 or Mr Date – Yrs 7,9,11) or the Principal.
Everyone has a right to feel safe at school. At Narrabeen Sports High School one of our school expectations is respect. We learn from and accepting our differences and we use polite language and manners when communicating.

Another expectation is being responsible and we show this by being accountable for our actions and taking care of others and assist others where possible.

If we can follow these expectations at Narrabeen Sports High School then we will continue to have a safe and happy school.

R. Kiprioti
Welfare Co-ordinator

Art News

In July students from Year 7 entered the Education Week Centro Art Competition. April Myers, Luke Bosco, Josh Sevelle, Amber Hummelstad, Kerry MacDonald and Amelia Dean all had their artworks on display at Centro Warriewood for education week. The public voted for their favourite artworks and Luke Bosco and Amelia Dean received 2nd prize and a Kmart gift voucher. Congratulations to all of the students who were exhibited and the prize winners.

Visual Arts Faculty

Team ’15 Report

Musicale
I would like to begin my report by congratulating the outstanding Year 10 performers who shared their talents as part of the recent Musicale. Kyla Bolterstenj, Jaiya Bray, Tom Chen, Atoni Finau, Gina Groskops and Cyprus Tutunoa entertained audiences of local primary schools, parents, teachers and members of the community as they showcased the incredible creative talents of students at Narrabeen Sports High School. I would like to thank Ms Augustyniak and Ms Dalrymple for giving our students the opportunity to take part in this great production.

Sporting Excellence
I am very pleased to announce that Caio De Godoy has been selected to play in the Australian Boys Under 16 Team as a Centre-back. Caio leaves for Myanmar this Friday where he will compete against national teams from Vietnam, Cambodia, Brunei and Myanmar. Good luck, Caio!

Student Leadership
In the first four weeks of this term, Team ’15 has embraced the many opportunities offered by our school to develop student leadership.

Many Year 10 students were buddies to our Japanese visitors and I was very proud of the maturity, warmth and compassion shown by Team ’15 towards our guests. I really enjoyed our special Geography lesson with our Japanese visitors. After a fun session of orienteering around the school, Narrabeen students worked with their buddies from Tokushima to give a presentation on the similarities and difference between the two communities by discussing everything from J-Pop to the Japanese Constitution!

Last Thursday we heard speeches by nominees for the Student Leadership Representative Council. Each of the nominees spoke admirably and I congratulate these students for displaying our school’s core values of purpose and integrity as they strive to develop their leadership skills. Next, we will vote for four Sports Captain positions and I encourage more Year 10 students to take up the opportunity to represent their peers.

Each Thursday afternoon, Ms Watson leads a dedicated group of Team ’15 Junior Leaders to Elanora Heights Public School. Tiarne Casey, Tom Chen, Victoria Crowyn, Carina Favoreto, Gina Groskops and Michelle Mediati have proudly represented our school while working with younger students as mentors in reading and Maths. The feedback from teachers and students at Elanora has been overwhelmingly and I congratulate our students for stepping up to the
challenge and promoting our school in such a positive way. Well done and thank you Ms Watson for facilitating this program.

My praise for Team ‘15 doesn’t stop there! Our students have also been demonstrating their leadership in Sport by coaching and mentoring Year 7 and 8 Gala Day teams and by coaching teams from local primary schools. Tiarne Casey, Shellie Davies, Hannah Dyball, Adam Fawcett, Dylan Peppernell and Jarrod Taylor are fine role models and I very proud of the integrity these students have shown as they work to mentor our community’s younger athletes. In addition, I would like to congratulate all Year 10 Academy students for their involvement in the “Come Play Our Game” afternoon. Team ‘15 did a fine job on the BBQ and the feedback from parents was that our Year 10 leaders were respectful, responsible and welcoming – fine ambassadors for our school!

Preparation for Senior Study
By now, all Year 10 students should have completed their Subject Selection form and handed it to Ms Peacock. This is an exciting time for Year 10, but I also recognise that students may find choosing a path for Senior Study to be a challenging experience. Narrabeen Sports High School is a caring, supportive and nurturing school community. All teachers want to help Team ‘15 to achieve their personal best and I encourage anyone who has questions or concerns about their subject selections to speak to our Careers Advisors, Ms Weller and Mr Wood, or our Deputy, Ms Peacock. As always, I encourage parents and students to speak with me so we can work together to find the best outcome for our Team.

John Wigan
John.Wigan2@det.nsw.edu.au
Year 10 Adviser

Year 9 Report
Welcome to Term 3. Students received their Half Yearly Report at the beginning of this term and we were able to celebrate the success of some Year 9 students at our Personal Best Assembly last week. Congratulations to Isabella, Tomas, Carl and Rebecca who achieved their personal best in all their subjects. Congratulations also to Lily, Emma, John, Brittany, Erin, Christopher, Devansh, Carina, Olivia, Michael, Natalie and Jennaya who achieved their personal best in most of their subjects. These students work towards meeting our school expectations by taking responsibility for their learning and achieving success.

It was pleasing as a year adviser to read some positive reports but there were some students that need to act on their teachers’ advice to improve their results for the yearly reports, so more students can be recognised for academic success. Students should be referring to their assessment books to plan what tasks are coming up. Students are slowly handing in their Merit Awards to receive a Year Adviser Award. Remember to hand in 5 Merit Awards for a Year Adviser Award or 3 Loyalty Cards for a Year Adviser Award. Please encourage your child to hand them in and not stock pile them. I would like to hand out more Year Adviser Awards.

It has come to my attention that some students are not taking responsibility for their learning as well as they should because they are not bring the necessary equipment to class. A pencil case with at least one pen and pencil is a must for every lesson. They are not using their DER laptops every lesson and there are times when they need to write something down.

It has been great to see some of our Year 9 students being great hosts and buddies to our visiting Japanese visitors.

Congratulations to those students who were involved in helping our visitors feel welcome at our school.

Congratulations to our many talented singers and musicians who performed so well the other night at the school musical. Well done, as it was the first time some have performed in front of a large audience.

Please feel free to contact me during school times if you wish to discuss issues that may arise, please phone the school on 9913 7820 or romayne.kiprioti@det.nsw.edu.au.

Romayne Kiprioti
Year Adviser
Year 7 poem

NATIONAL LITERACY AND NUMERACY WEEK
WINNERS!

BREAKING NEWS
NSHS have won some fantastic prizes as a result of the beautiful poems entered by our students in Year 7

- Macquarie Secondary Dictionary x 8
- Macquarie Pocket Dictionary & Macquarie Pocket Thesaurus x 8 of each
- Macquarie Concise Dictionary x 8
- School-wide one-year subscription to Macquarie Online

Certificates and prizes for those pupils who took part will be announced in assembly next week. Names will be published in the next newsletter.

MULTILIT

MultiLit is now up and running and the pupils taking part have their timetables.

MultiLit Reading Tutor Program is a research initiative of Macquarie University to support pupils in reading.

See the link for more information http://www.multilit.com/about/

Please contact me if you would like to ask about this program for your child. stephanie.salter@det.nsw.edu.au

School Tel: 02) 9913 7820

COMING UP IN WEEK 3

Games and creative writing
Room c11 lunchtimes Monday to Wednesday

HOMEWORK CLUB
Every Monday after school in the library
BOOK WEEK COMPETITION

17\textsuperscript{th} to 23\textsuperscript{rd} August 2013

Prizes to be won

READING ACROSS THE UNIVERSE

POSTER

Get ready! Get blasted! Take off! To the universe of reading

Explore your reading world by using it as a launching pad to success and take it to the limits

The more you read the more successful you will be!

Why not enter the challenge to support Book week 17th to 23\textsuperscript{rd} August 2013 by entering the Reading Across the Universe Competition. You may create a poster and hand it in to the library or make a graphic design digitally and emailing it to sally.thomson@det.nsw.edu.au

Just choose a book you love and write a quick review or blog and submit with your poster and you may be a WINNER

All entries to be submitted by midnight Friday 23\textsuperscript{rd} August 2013

Winners announced in Book Week
Sports news

Year 7 and 8 Gala Day
Congratulations to all students in year 7 and 8 who recently competed in the Sports gala days. All students showed great sportsmanship and performed well. Thank you to the wonderful student coaches from years 8, 9 and 10 who umpired and coached the junior teams. A special congratulations to our winning teams!
Year 7: 1st place- boys basketball, boys soccer, girls soccer and 2nd place- girls touch football and girls netball
Year 8: 1st place boys touch football

Grade Sport
Congratulations to the grade sport teams that won the Warringah Zone competition: Boys senior basketball, boys senior football (soccer), Boys junior touch football, boys open volleyball, girls open volleyball and girls open touch football. These are the best results that we have had in years. Congratulations to all teams who tried their best in Wednesday grade sport competition. The winning teams will be competing in the Super Zone Grand Final on the 21st August.

Academy Dance
Our academy dance girls have been competing throughout the year in local dance competitions. Congratulations to the girls for their wonderful performance in the Sydney North Dance Festival, with a dance title, ‘Wings’. Thank you to Apryl, (Academy dance coach) for her dedication to the girls dance program.

Summer Sport Choices
Your child will be receiving information and a permission note next week on summer sport choices. Sport choices will occur Wednesday afternoon on August 28th. These sports will start on Sept 4th and continue until the end of the year! To secure a spot in the sport of your choice you must have the correct money / credit card details on the day. Please read the sports choices below.

Rebecca Deane
Sports Coordinator

Bonafide advertising is accepted for the school’s newsletter. However use of the product/service advertised is at your own discretion as the school does not accept responsibility.
Year 8 Subject Selection Information Evening

When: Tuesday 27th August 2013
Where: Library
Time: 6:30pm sharp

Come along and:

◆ understand procedures for choosing subjects.
◆ talk to Head Teachers about their courses.
◆ receive the subject information booklet and preference form

Questions regarding this evening can be directed to Mrs Peacock on 99137820

Lisa Peacock
Deputy Principal

Lance Berry
Principal
NSHS Car Boot Sale

VOLUNTEERS always APPRECIATED!

We need YOU ~ Helping your school!

*** BBQ cooking and drink sales, new BBQ's will be cooking up a storm!

Or,

*** Can't sleep? Take and early shift to help with parking stall holders! We could use help 5.15-7.30am to get all the cars and trailers parked and ready to go.

Or,

*** More relaxed style, manning the entrance of the school 'parking by donation' lot.

And,

*** There always the cleaning up, get those end of day bargains and help us finish the day off. 1-3pm.

Also,

*** “Class of 2013” - students and parents, this is your time to shine, and show us you can still fit in just ONE MORE car boot sale date! Thank you Year 12 for years of support.

Please contact:

**BBQ helpers**, please call Vyv Roberts on 9913 9659 from 8 til 1 Mon.-Fri. to be added to the BBQ roster. You can also email, vyvyienne.roberts@det.nsw.edu.au.

**Boot sale set up, clean up and parking helpers**, please call Jo Moyes on 0449 082 514, or email narracarboot@gmail.com.

Car Boot Information Line: 0421 810 019
Email: narracarboot@gmail.com
Website: www.narrabeenhighcarboot.org
What students can do if they witness bullying (bystanders)?

Do:

😊 Tell the person to stop bullying. If you feel able to do so and safe.
😊 Report the bullying to someone at school that you feel comfortable talking to e.g. Teacher, Year Adviser, School Counsellor, Deputy Principal, Principal, Prefects, or Peer Support Leaders
😊 Go back and tell if it doesn’t stop

Don’t:

😊 Don’t join in or encourage the bully
😊 Don’t laugh and tease
😊 Don’t ignore or tolerate

What parents can do if your child is being harassed or bullied:

Do:

😊 Encourage your child to discuss bullying
😊 Teach and model assertive behaviours such as saying “leave me alone” or “it’s not ok to treat me like that”
😊 Teach empathy and helping behaviours to encourage supporting victimised peers.
Encourage your child to follow the school’s reporting procedures
😊 Report what your child tells you to the school

Don’t:

😊 Don’t suggest fighting back
😊 Don’t “just ignore it”
😊 Don’t encourage bullying behaviours in response
😊 Don’t intervene yourself

All members of our school community have the right to:

✓ Feel safe and secure
✓ To work and learn in a safe environment
✓ To be accepted as an individual
✓ To be treated with fairness and respect
✓ To participate in at school activities in a happy and safe environment

All members of our school community have the right to:
Narrabeen Sports High School

Expectations

| Respect | • Learn from and accept our differences  
• Use polite language and manners when communicating |
| Responsibility | • Be accountable for our actions  
• Care for others and assist others where possible  
• Play safe, be safe at all times |
| Success | • Be a positive role model with a positive attitude |

What is bullying and harassment?
Harassment means on-going or repeated verbal or physical attacks on another person. It means putting someone else down to make you feel better. It might be in a look, an action, or words. It is not fun or “mucking around”.

It is unacceptable

When you feel bullied, you can feel:
- Angry
- Helpless
- Worried
- Tearful
- Afraid
- Unable to sleep
- Hurt
- Powerless
- Unable to concentrate
- Anxious
- Depressed

What to do if you are being bullied?
Tell someone, talk to a friend, a family member or a teacher.
Speak up, tell someone

Types of bullying
- **Verbal bullying**
  - Name calling, teasing, threats, putdowns, spreading rumours
- **Cyber bullying**
  - Teasing, spreading rumours, sending unwanted messages via email, mobile phone SMS, chat rooms, online social networking, instant messaging or web pages
- **Physical bullying**
  - Unwanted touching, aggressive behaviour, stealing property, damaging belongings
- **Social bullying**
  - Excluding and ignoring
- **Psychological bullying**
  - Intimidating, stalking, manipulating, dirty looks

How will the school respond?
Narrabeen Sports High School has a zero tolerance to bullying and harassment. All reports of bullying and harassment will be referred to the Year Adviser and/or Deputy Principal. The person who is bullying or harassing others may be involved in mediation, issued with a formal caution or suspended and parents notified.

At Narrabeen Sports High School, the following staff members are available to help you if you are being bullied.

- **Principal**: Mr Berry
- **Deputy Principal**: Mrs Peacock
- **Deputy Principal**: Mr Date
- **Welfare Co-ordinator**: Ms Kiprioti
- **Anti-racism Coordinator**: Ms Job
- **Year Advisers**:
  - Year 7: Mr Moore
  - Year 8: Ms Tan
  - Year 9: Ms Kiprioti
  - Year 10: Mr Wigan
  - Year 11: Mrs Turner
  - Year 12: Ms Job
- **School Counsellor**: Mrs Blunsden

😊 Remember you can speak to your Year Adviser or any teacher
😊 Speak up – everyone has the right to feel safe – don’t ignore it.
😊 Be a responsible person.
NARRABEEN SPORTS HIGH

Relationship blossoms

VISIT STARTS SCHOOLS’ SISTER ACT

PLANTING a tree helps celebrate a blossoming friendship.

Students from two high schools have planted a cherry blossom tree at Narrabeen Sports High School.

Northern beaches students were joined by 20 year 9 and 10 students from Tokushima Bunri Junior High School.

The occasion was to mark the start of a sister relationship between the schools, teacher-librarian Sally Thomson said.

"Japanese students have been conducting an inaugural visit to Narrabeen Sports High School," Ms Thomson said.

"It is envisaged that Narrabeen Sports High School will form a sister school relationship with Tokushima Bunri Junior High School." The bare tree, which flowers in spring, was decorated with colourful paper cranes.

Both are symbolic in Japanese culture.

"The blossoming cherry tree represents the frailty of life, while the paper cranes symbolise peace," Ms Thomson said.

The visit coincided with the 68th anniversary of the dropping of the atomic bomb.

"We planted the tree on Thursday as a memorial for the anniversary of Nagasaki. The anniversary of Hiroshima was on August 6," Ms Thomson said.

The 20 visiting students have been staying with local families for two weeks. The group has taken part in English-as-a-second-language classes, and taken excursions to an Aboriginal cultural centre in Penrith and a trip to the Blue Mountains.

Narrabeen Sports High held a sayonara party for its departing guests on Thursday night. A return visit is planned for next year.

Japanese student Yuki Ushida, 16 and Gina Groskops, 16, with the commemorative cherry tree.

NEW BEGINNINGS

WHAT: 20 Students from Tokushima Bunri Junior High School went on a study tour to Narrabeen Sports High
WHY: To establish a sister school relationship between the schools
30 YEAR REUNION
Narrabeen High School Leavers
1983 (Year 12) and 1981 (Year 10)

You and a guest are invited to our 30 & 32 Year School Reunion to be held on Saturday 2nd November 2013.

For details please contact:

Michele Harvey (nee Micky Beuzeville)
on: M:0409074030 or email:
Reunion2013@bigpond.com
The Foster Care Association NSW Inc. is the voice of foster carers in this State.

Our role is not only to support the work of carers in policy setting, but to encourage people to take up caring

If you are interested in becoming a foster carer, why not contact the Foster Care Association at shaz@fca.org.au or go to our website for more information fcansw.org.au to gain information and background?

The Association is made up of experienced carers who can answer your questions about what caring "feels like".

Foster Care Association NSW Inc. provides information and advocacy for foster and kinship carers throughout the State.
RAISING WOMEN
A unique opportunity to celebrate your girl’s journey into womanhood

PROGRAM AND 2-DAY BUSH CAMP FOR GIRLS AGED 13-15 AND THEIR MOTHER OR A FEMALE MENTOR. INCLUDES FOLLOW UP & FATHERS’ PROGRAM.

The Raising Women program equips girls with the knowledge they need to blossom into womanhood in a truly healthy way. Girls are welcomed into womanhood and acknowledged by a group of older women, mothers and facilitators, who carry the stories, mysteries, insights and wisdom to support the girls. The rite of passage process strengthens the relationship between mother and daughter, supports and acknowledges the gifts and qualities of the young women and provides them with vital life education.

A safe and appropriate rite of passage is missing in our modern society. This is a fantastic opportunity for our girls to receive the support they need from older women at this critical time in their life.

NEXT CAMP

4 - 6 October
BOOK NOW AS PLACES ARE LIMITED

(02) 6684 3892
info@raisingwomen.com.au
www.raisingwomen.com.au

An initiative of
UPLIFTING AUSTRALIA
INSPIRING CHILDREN CONNECTING FAMILIES
Reading at Twilight

Join us for a family friendly night out to celebrate the works of Roald Dahl

Venue: Mona Vale Library
1 Park Street
Mona Vale

Time: 6.30pm - 8.00pm

Date: Wednesday 21 August 2013

Ages: 8 - 80

Selected readings with a glass of wine and light refreshments for Mum and Dad

Bookings essential at the front desk or by phone on 9970 1600

A FREE event for Children’s Book Week

Readings, popcorn and other fun stuff for children

Youth Congress - days 1 & 2
Measure Eco-footprint; Identify concerns; Create a vision; Brainstorm for change.

Community Forum - day 3
Invitation to government, local business, parents, teachers, principals, Indigenous leaders, and families to...

come! listen! be inspired!

Register at
www.ozgreen.org

Get INFORMED on
Global and Local
SUSTAINABILITY issues

Share YOUR concerns with
other changemakers

Act LOCALLY
Connect GLOBALLY

Contact Details
YLTW Co-Ordinator
T: (02) 6655 2180
E : yltw@ozgreen.org.au