Principal’s update

The first step towards us getting somewhere, is to decide that you are not going to stay where you are.

Chancey Depew

The P & C Car boot sale – a great success thanks to our parents:

The second Car Boot sale for 2013 on May 26th was a great success. With the first one washed out, the success of this event was paramount to the P&C for the support it supplies to the school. I especially want to thank the key organisers Ms Moyes and Mr Bateman, pictured here with P & C President Mr Cowap, for their organisation and the immense amount of time they put into the planning. I am also very appreciative of the time offered by many other parents and students on the day. Without this support the event would not have run as smoothly. The money raised by the P & C will go back into the school in the form of equipment for the teaching and learning of our students as well as the promotion of our fantastic school.

Narrabeen Sports gets to business at the Northern Beaches Expo:

Our Fantastic school leaders spent the weekend of May 25 and 26 promoting the school at the Northern Beaches Expo, held at the NBISC. The students, with support from Deputy Principal Lisa Peacock spoke about the many programs our school offers and the opportunities our students get. It was a brilliant demonstration by our Captains, Prefects and other students of how much leadership depth Narrabeen has.

Reporting behaviour which we don’t like:

Narrabeen Sports High School is committed to educating students about not tolerating behaviour which upsets them. It is important for students to report to their Year Adviser, the Deputy Principal or myself behaviour from other students which impacts upon them feeling happy and safe at school. When bullying and harassing situations go on unchecked, often the outcome is much worse than if the behaviour had been reported. Many students feel they are ‘dobbing’ by reporting. There is a significant difference – ‘dobbing’ is when someone goes out of their way to be nasty, malicious and to get someone back. Reporting is taking responsibility for the situation, realising you are feeling unhappy, unsafe even and are determined to do something about it. When bullying and harassment is reported, the staff dealing with it will discuss with the student how they want to proceed – often situations are delicate and victims simply want the behaviour to stop. Copies of our Anti Bullying plan are available from the front office and will be placed on the school website soon.

Selecting the right subjects for Year 11 2014:

I’m looking forward to seeing parents and Year 10 students at the June 4 ‘Subject Selection evening’ for Year 11 2014. The Head Teachers of the subject areas will be available, as will the Careers Advisers. Narrabeen offers HSC students a wide selection of subjects, especially due to our partnership with Pittwater HS and Barrenjoey HS in the Peninsula Community of Schools. It is important students choose subjects they are interested in as well subjects which match a careers path post HSC. The HSC is a two year commitment so being informed of what choices are available is important.

Please keep us informed:

For our school to function effectively we ask parents to supply notes at the time, if their child is late to school, away from school, out of uniform or needing to leave early on a particular day. The purpose of the note is so we can account for the variation to school routine being presented by your child.

Feedback is so important:

Year 12 were issued with their second last report of their school career on May 24th. The reports were pleasing overall and show our students to be applying themselves. The trial HSC will be held in Weeks 1 and 2 of next term. Please go through the report with your child and do not hesitate to contact the school if you have concerns.
The Beach School:

On Wednesday May 29th, the school executive visited The Beach School at Allambie Heights. This DEC school specialises in supporting students who do not adjust well to high school and who need specialised support for a period of time before coming back into a mainstream setting. The programs offered were outlined to our executive who viewed first-hand the specialised skills of The Beach School Staff.

Coming events of importance:

• June 4th Year 11 2014 Subject Information Evening.

Congratulations and thanks:

• The many parents and students who assisted with the car boot sale and the Northern Beaches Expo
• Year 10 Geography students who competed in the Australian Geography Competition. High Distinctions were gained by Joanna Kot, Oliver Maiolo and Jaiya Bray. Distinction was achieved by Kyla Bolterstenj. Credits were achieved by Jarrod Taylor, Adam Fawcett and Hannah Dyball. Joanna’s result placed her in the top 2% of the nation. Virtually all of our students were placed in the 40% of students across the country who sat for the competition.

• The students representing our school at Regional Cross Country on June 13: Gabriel Ley, Hayley Creed, Briana Hibbert, Ruby Reid, Lauren Woodcock, Nathan Van Buuren, Moritz Fath, Lachlan Haines, Michael Riggio, Caitlin Cimarosti, Shannon Dive.

• Shannon Dive was the Cross Country Zone 16 Years Age Champion

• Kaleb Bakker, Patrick Curley, Tahlia Floreno, Daniel Riggio, Lauren Woodcock, Joab Woodcock and Ben Markovic for achieving Bronze Awards in our PBEL rewards system.

Till next time
Lance Berry
Principal

From the Deputy Principal’s Desk

On 17 May 2011, the Hon. Jenny Macklin MP, Minister for Families, Housing, Community Services and Indigenous Affairs (FaHCSIA), officially launched the teens section of the Raising Children Network site. This site includes information, tools and resources for parents of students in all stages of development including the pre-teen and early teen years.

This Australian Government-supported website now contains a range of resources to help parents of teens make informed choices on a variety of topics which are listed below. All content is quality assured. Below is a screen shot of this site.
Common concerns

- Cyberbullying
- Dealing with disrespectful teenage behaviour
- Peer pressure and teenagers
- Teenagers learning to drive

Family & friends

- Community activity: getting teenagers involved

Tools & tips

- Problem-solving with teenagers
- Teenage parties
- What’s legal when: teenagers and the law

See also

- Scenes, trends and fashions

Understanding behaviour

- Confidence in teenagers
- Teenage risk-taking: how to handle it

Rules & routines

- Discipline strategies for teenagers
- Family routines
- Family rules

View videos

- Bullying
- Changing family rules
- Deciding family rules
- Descriptive praise
- Drugs and alcohol: discussions at home
- Independence: rules and boundaries
- Money and responsibilities at home
- Peer pressure
- Problem-solving
- What is risky behaviour?

http://raisingchildren.net.au/

Narrabeen Sports High has a zero tolerance to bullying. Any behaviour that makes students feel unsafe or unhappy at school is treated very seriously. Students are asked to report bullying behaviour to me immediately and I will always investigate promptly in such a way that names are never revealed. Students are reminded that the school has a "Hands Off" Policy so rough play that "is just fun" is not fun if others find it aggressive.

School uniform in Years 7, 8 and 9 is very impressive at the moment. Thank you to parents who are supporting this. Please don't allow your children to tell you "everyone else wears this", because they don't. Please call me directly if you have questions regarding uniform.

NAPLAN test week was enormously successful and all students are congratulated for their mature approach to these exams. A special thank you needs to be extended to Ms Vergos and Mr Palme for their excellent organisation.

So many impressive activities are occurring at our school. Our Year 10 Junior Leaders continue to impress at local primary schools as they assist teachers to conduct lessons in reading and numeracy. Ms Weller took Year 12 students to the Careers Expo where they could ask employers about opportunities in their industry and training requirements. Year 9 Debaters had a narrow loss against Pittwater High and Hospitality students are experiencing Work Placement.

This last weekend saw our school represented at the Northern Beaches Expo. Our Prefects were required to develop a roster, find display pieces and create an exhibition. During the weekend our prefects and Milica Obradovic and Alyson Theisera represented our school to promote our good work in the community. Whilst I was at the Expo another display holder commented that our Prefects were well dressed, polite and incredibly organised and showed wonderful teamwork whilst creating the exhibition. He commented that they showed true leadership and that he would have liked to employ them in his business.

Lisa Peacock
Instructional Rounds Report

On Monday 20 May, teachers at Narrabeen Sports High School participated in our second "Instructional Rounds". A team of four teachers visited a range of classes to observe teaching and learning strategies in practice. The focus of our Instructional Rounds was "To what extent are all students supported in their learning?"

Instructional Rounds is not an evaluative tool, rather is an organisational learning process aimed at collecting data and sparking professional discussions about teaching and learning practices at our school.

The findings from Monday’s observations will now be discussed in future staff meetings as teachers explore ways we can improve pedagogy in our school.

Teachers at Narrabeen Sports High School are all striving to deliver the best quality learning experiences for our students and Instructional Rounds is a process for continual improvement. I would like to thank all staff for their support and participation in this process.

John Wigan

Team ’15 Update

Year 10 is an important year for students as they develop essential leadership skills and lay the foundations for successful academic study in their senior-school years. Year 10 have recently completed their Semester One examination period and I have been very proud of the work ethic shown by most students. The majority of Year 10 "stepped-up" to give their best effort and strive for their personal best in these assessments.

I encourage students to carefully consider the feedback they receive from teachers and to ask pertinent questions about how they can improve further. If a student receives 80% for a response, they should be asking what they can do to enhance and develop their work to aim for 100% next time. Students should then show the initiative to take their paper away and re-write a 100% response!

There have been some outstanding sporting achievements in our grade this term. Shannon Dive was named Zone Age Champion in Cross Country, Jordon Knapton and Brian De Bono attended the National Trials for Swimming and Joanna Kot won Bronze at the NSW Schools Fencing Shield. On Thursday 30 May many Year 10s attended the Zone Athletics carnival including our school age champions (Alyson Thesiera, Dylan Peppernell and Hannah Dyball) and we wish them every success in this tournament.

On Tuesday 4th June, Year 10 and their families are invited to an Information Evening to discuss options for senior study. We will explore student expectations for Year 11 and 12, requirements for the HSC and Preliminary HSC courses,ATAR and University requirements and TAFE pathways. One week later, on 12th June, Year 10 will visit each faculty to explore possible subject offerings with their teachers. This is an exciting time for our year group. I look forward to working with students as they make these important decisions about their future options.

In late June, Year 10 Duke of Edinburgh students will be invited to participate in their first Silver-level hike near Lithgow. Students who wish to attend the hike must ensure they complete the required training and log their service and skill acquisition hours electronically prior to the walk. On behalf of Year 10 I would like to thank Miss Tan for her ongoing support of our grade as she organises such incredible opportunities through the Duke of Edinburgh program.

Finally, planning is well underway for our Team ’15 Geography and Biology fieldtrip to Queensland 30 November to 3 December. The fieldtrip will include two nights on North Stradbroke Island doing practical ecology studies, urban fieldwork in Brisbane and a day at Dreamworld on the Gold Coast. There are still a couple of places available for interested Year 10 students to join us for this fantastic experience. If any families require more information, please contact me ASAP so I can organise additional places.

John Wigan
Year 10 Advisor
HSIE REPORT

AUSTRALIAN GEOGRAPHY COMPETITION

In late-March, twenty Year 10 students sat for the Australian Geography Competition. This was not a test students could study for. This nation-wide exam required students to draw upon their general knowledge and understanding of geographic skills to answer a broad mix of challenging questions. I am very proud, as both a Year Adviser and a Geography teacher to announce the following results:

<table>
<thead>
<tr>
<th>HIGH DISTINCTION</th>
<th>DISTINCTION</th>
<th>CREDIT</th>
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</thead>
<tbody>
<tr>
<td>Joanna Kot</td>
<td>Kyla Bolterstenj</td>
<td>Jarrod Taylor</td>
</tr>
<tr>
<td>Oliver Maiolo</td>
<td>Adam Fawcett</td>
<td></td>
</tr>
<tr>
<td>Jaiya Bray</td>
<td>Hannah Dyball</td>
<td></td>
</tr>
</tbody>
</table>

Congratulations, Year 10!

YEAR 10 GEOGRAPHY REPORT

Throughout Semester One, Year 10 Geography have been studying current and future urban challenges. Our unit began with a whole-grade fieldtrip to Pyrmont. Students participated in a walking tour of Pyrmont where they evaluated the success of urban renewal strategies and attempts to preserve the heritage value of this neighbourhood. Following a delicious lunch at the Sydney Fish Markets, we then continued over the Anzac Bridge to White Bay. This large former port and power plant became the focus of our urban study.

After studying Sydney's Metropolitan Strategy, students were required to create an original urban renewal plan for White Bay. Their plan had to address three urban challenges as identified by the Metropolitan Strategy as well as protecting the heritage features of the former power plant. Students were then required to justify the suitability of their plans using criteria of sustainability, equity and social justice.

Some of the fantastic ideas for the site included apartments with vertical and rooftop gardens, community gardens, student housing in the former grain silos, outdoor cinemas, theme parks, tennis stadiums, marinas, light rail routes and even the creation of a Global Environmental Court in the former power plant.

Overall I was very impressed with the quality of student work submitted. Well done, Year 10! We have some outstanding Geographers in our grade!

John Wigan

Geography Teacher

Academy Dance Report

This is a very exciting time of the year for our the students involved in the Northern Sydney Scholastic and Sporting Academy Dance program. Our ensemble of twelve talented dancers from years 7-10, along with their fantastic coach (and former student), Apryl Curtin, have been busy auditioning and rehearsing for a number of performances.

On Saturday 25 May, I was very proud to join an enthusiastic crowd of NSHS supporters to cheer on our girls as they competed in the Northern Beaches Eisteddfod at Christian Covenant School. Our students performed two items, “Wings” and “Laserlight” in a field that included more than twenty other public and private schools from around Sydney. I was very impressed by the maturity shown by our dancers on the day and for the way they worked together as a team. Thank you also to the parents and students who supported our girls on the day.

Apryl will now work with the ensemble to perfect the routines in preparation for the North Sydney Public Schools Dance Festival and the Peninsular Community of Schools Music Festival over the coming weeks. I would like to acknowledge all the hard work and dedication shown by Apryl in this program. We are very lucky to have such a talented coach!

The dates of our upcoming performances are as follows:

- **Tuesday 25 June, 7.30pm**, North Sydney PS Dance Festival, Glen Street Theatre
- **Wednesday 26 June, 5.00pm**, North Sydney PS Dance Festival, Glen Street Theatre
- **Friday, 29 June, 9.45am**, North Sydney PS Dance Festival, Glen Street Theatre
- **Tuesday 30 July, 7pm**, PCS Music Festival, Pittwater High School

Good luck to all our Academy Dancers!

John Wigan

Academy Dance Sports Supervisor
Sports News

Cross country

Congratulations to the following students who qualified for Regional Cross Country.

Gabriel Ley         Lauren Woodcock         Lachlan Haines
Hayley Creed       Jacob Winston         Michael Riggio
Briana Hibbert     Nathan Van Buuren     Caitlin Cimarosti
Ruby Reid           Moritz Fath            Shannon Dive

A special congratulations to Shannon Dive who won the 16 years girls 4km race. Well done to everyone who competed at zone carnival. The regional cross country will be held at Gosford Racecourse on June 13th. Students have received a permission note and are to let Ms Deane know if they wish to catch the Warringah Zone team bus which will leave Narrabeen at 7am. Good luck in the upcoming race!

Grade Sport

Our grade sport teams have had a positive start to the weekly Peninsula competition. We have played Cromer High and Manly Selective so far and the following teams have been undefeated: open girl’s touch football, junior boy’s touch football, open girl’s volleyball, open boy’s volleyball, senior boy’s basketball, senior boy’s soccer. Well done to all the students involved in these teams!

Ms R Deane
Sports Coordinator

Year 9 Report

Year 9 students welcomed a number of new enrolments this year. It has been a busy term with assessments and reporting taking place.

In term 1, year 9 and 10 students participated in a presentation called “Cyberia”. This performance informed students about cyber bullying and issues relating to online reputations and forming positive relationships.

Year 9 students took part in a study skills seminar on “memory and mnemonics”, at the beginning of the term. It was presented by Elevate Education. The feedback from students was very positive and they said it was a worthwhile activity. Hopefully they are putting in practice some of the information learnt at the seminar.

The 7th June, will see a welfare presentation to years 9, 10 and 11 students called “Wired”. This performance will look at the physiology and causes of stress and depression associated with the pressure of exams, relationships and everyday life.

These three activities have been included in the welfare and study skills contributions on student invoices.

Laptops have now been issued to students and it is great to see the majority of students eager to use them in many lessons. They need to remember to bring them charged everyday so they can participate in class activities.

Many Year 9 students have been participating in many sporting activities which is great to see. There are a number of Year 9 students who are part of the Academy program but students are also in many knock out and grade teams including rugby league, touch football, AFL, just to mention some.

This term will see Year 9 students undertaking many assessments as half yearly reports are being written. Year 9 reports are due to be distributed early in term 3 because term 2 is a short term this year. Students have been issued with assessment booklet in term 1 so they need to be using this to help them organise their time.

As the weather is getting cooler students are now needing to rug up. Please make sure they are in the correct uniform, especially jumpers or they need to have a note explaining the reason they are out of uniform. This note needs to be given to the Deputy in the morning and the students will be issued with a pass.

I am seeing more girls using handbags as their school bag. Hand bags should not be brought to school. These are not big enough, so students are not coming to class prepared with the correct books and pens. Handbags also become heavy and will lead to shoulder and back problems. A back pack worn correctly should be the school bag that is brought to school.

What a busy first half of the year, let’s see what happens in semester 2.

Romayne Kiprioti
Year 9 Year Adviser
CAREERS ANNOUNCEMENT

Thursday, June 6
Period 5 - Year 10 Careers will have a visit by the Australian Taxation Office in the Library. This is for all Year 10 students, instead of their usual scheduled Maths lesson.

Year 10 Work Experience is in Week 9 of term 2 - ie. June 24 -28. Interested students need to speak to Ms Weller or Mr Wood with their Employer contact by Week 7.

Year 11 students are reminded to return their Tax File Number Applications to Careers.

Bonafide advertising is accepted for the school’s newsletter. However use of the product/service advertised is at your own discretion as the school does not accept responsibility.

LOST
Cockatiel
23/5/13 Elanora Heights.
Timmy is 9 years old. He is yellow and white with orange cheeks. It is urgent he is found as he is a family member. He is used to being with his family all the time and only sleeps in his cage at night. If you have seen a cockatiel flying around that looks similar, or if you found him, please call us at anytime on 9913 3295 or take him to the local vet."
31/05/2013

Dear Principals,

The Northern Beaches Local Area Command has received a number of reports recently regarding alleged suspicious behaviour by persons driving vans in the area. It has come to the attention of police that newsletters, emails and other social media sites are posting and sending information regarding suspicious white vans driving around targeting children.

Of the incidents that have been reported to police, NONE of these incidents have involved any inappropriate conversations or any suggestion of touching or coercing the children in any way. There have been a number of differing descriptions of vehicles given to police and NONE of these vehicles have been linked to any offences.

Northern Beaches Police have received a number of phone calls from parents and members of the community concerned about these reports and the information that is being posted on social media sites. Of the incidents reported to police, there have been NO incidents indicating that any offences have occurred.

We ask that any information sent out to school networks or via social media be confirmed with police prior to sending out. We encourage schools and parents to educate children on stranger danger and safety issues and be vigilant at all times. Do not hesitate to report any suspicious behaviour to police,

If you have any further concerns please contact Northern Beaches Police on 9971 3399.

Thanking you,

Rochelle Bird
Senior Constable
Crime Prevention Officer
Northern Beaches Local Area Command
BOOK WEEK COMPETITION

17th to 23rd August 2013

Prizes to be won

READING ACROSS THE UNIVERSE

POSTER

Get ready! Get blasted! Take off! To the universe of reading

Explore your reading world by using it as a launching pad to success
and take it to the limits

The more you read the more successful you will be!

Why not enter the challenge to support Book week 17th to 23rd August 2013 by entering the Reading Across the Universe Competition. You may create a poster and hand it in to the library or make a graphic design digitally and emailing it to sally.thomson@det.nsw.edu.au

Just choose a book you love and write a quick review or blog and submit with your poster and you may be a WINNER

All entries to be submitted by midnight Friday 16th August 2013

Winners announced in Book Week
The teacher behind the great Baz

Teacher Lorraine Bowan, who helped a young student named Mark 'Baz' Luhrmann into a NIDA, took these photos of him in the classroom.

Inset pictures: copyright Lorraine Bowan

Boel Eriksson

FILM director Baz Luhrmann's career could have turned out very differently had it not been for his English teacher at Narrabeen High School.

Lorraine Bowan took Mark Anthony "Baz" Luhrmann to his first Shakespeare play. And when Luhrmann prepared for his first audition for the National Institute of Dramatic at the age of 19, she helped him. But, most importantly, Ms Bowan brought him back to class when he dropped out of school in Year 11 to work in a Mona Vale shop.

She was doing the morning roll and when she realised Luhrmann was not in class, a student told her he had quit school to take up work at a shop.

"Straight after school I drove up to Mona Vale to find him and said, 'Mark, what the hell are you doing? Make sure you're back in class tomorrow'," she said.

While Ms Bowan later forgot about the episode, Luhrmann recounted it up in front of all the guests at a party she attended at his Darlinghurst home about 10 years ago.

"He said 'you're responsible for what I'm doing now','" she said.

"It's very nice that he remembers me in that way."

Before you see the movie read The Great Gatsby feature on pages 40, 41

http://newslocal.newspaperdirect.com/epaper/services/OnlinePrintHand... 30/05/2013
Dear Parents/Guardians,

Our school has been invited to participate in the Study Tours Program established by DEC International. The idea of the program is to give students from Japan, Korea and China an experience of school life in a Northern Beaches School.

Students are billeted out to families whose children attend the school with the idea of establishing a buddy to help them integrate into the school. The families provide three meals a day and must cover transport costs to and from the school as the students aren’t responsible under the guidelines of the program for transport. Families are to be reimbursed financially up to $34.00 per night stay and $216 for a seven night stay. A declaration of no criminal convictions must be signed before a child will be billeted.

It is envisaged the family would include the students in all aspect of their daily life and provide a responsible and caring environment. Families will need to provide a bed for each student and may take up to three billets.

Should you be interested in participating in the program please sign and return the following note to Mrs S. Thomson by placing it in the box in the library foyer.

Yours Sincerely,

Mrs S. Thomson
Teacher/Librarian
International Student Coordinator

Principal

Name

Contact Number

Email Address

Name of Child enrolled in school and rollcall class
The Scholarships Information Evening provides greater depth and detail on the range of scholarships at UNSW, with a focus on the application process and answering specific questions. The evening is aimed at year 11 and 12 students and their parents.

The evening will consist of a general introduction to UNSW scholarships and the Co-op Program, as well as information time for one-on-one discussions about specific scholarships.

To make the most of the evening be sure to have a look at the Scholarships and Co-op Program websites before attending:

**UNSW Scholarships Office**
- p: 02 9385 1078
- e: scholarships@unsw.edu.au
- www.scholarships.unsw.edu.au

**UNSW Co-op Program**
- p: 02 9385 5116
- e: cooprog@unsw.edu.au
- www.co-op.unsw.edu.au

Register your attendance at the What’s On home page and select the event.

Click [HERE](#) for a Map of the University. The Science Theatre is at coordinate F13.
## RELATIONSHIP EDUCATION PROGRAM
### TERM - 3, 2013

### GROUPS

<table>
<thead>
<tr>
<th>Group</th>
<th>Pre group Interview Date</th>
<th>Date</th>
<th>Time</th>
<th>Duration</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Managing Anger</td>
<td>Tuesday 23(^{rd}) July</td>
<td>Tuesdays 30(^{th}) July – 17(^{th}) Sept</td>
<td>6pm – 8:30pm</td>
<td>8 weeks 5 Sera Street, Lane Cove 2066</td>
<td></td>
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<tr>
<td>Circle of Security</td>
<td>Thursday 25(^{th}) July</td>
<td>Thursdays 1(^{st}) Aug – 19(^{th}) Sept</td>
<td>6pm – 8:30pm</td>
<td>8 weeks Ground floor, Neutral Bay Community Centre Rear 190-192 Military Rd Neutral Bay</td>
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<tr>
<td>Self Esteem and Communication</td>
<td>Friday 26(^{th}) July</td>
<td>Fridays 2(^{nd}) Aug – 20(^{th}) Sept</td>
<td>10am – 12:30pm</td>
<td>8 weeks Ground floor, Neutral Bay Community Centre Rear 190-192 Military Rd Neutral Bay</td>
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<tr>
<td>Parenting After Separation – Focus on Kids</td>
<td>Thursday 8(^{th}) Aug</td>
<td>Thursdays 15(^{th}) Aug – 19(^{th}) Sept</td>
<td>6pm – 8:30pm</td>
<td>6 weeks Level 1, Family Relationships Centre 651 Pittwater Rd, Dee Why 2099</td>
<td></td>
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<tr>
<td>My Changing Family and Me</td>
<td>Monday 22(^{nd}) + 29(^{th}) July</td>
<td>Mondays 5(^{th}) Aug – 9(^{th}) Sept</td>
<td>4pm-6pm</td>
<td>7 weeks (incl. post group feedback) St Johns Anglican Church cnr Oaks Ave + Avon Rd, Dee Why 2099</td>
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<tr>
<td>Managing After Separation</td>
<td>Monday 15(^{th}) July</td>
<td>Mondays 22(^{nd}) July – 26(^{th}) Aug</td>
<td>10-1pm</td>
<td>6 weeks Level 1, Family Relationships Centre 651 Pittwater Rd, Dee Why 2099</td>
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<tr>
<td>Parenting After Separation – Focus on Kids</td>
<td>Friday 9(^{th}) Aug</td>
<td>Fridays 16(^{th}) Aug – 20(^{th}) Sept</td>
<td>10-12:30pm</td>
<td>6 weeks Family Relationships Centre North Ryde Link Business Park 277 Lane Cove Rd Macquarie Park 2113</td>
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### FAMILY SAFETY PROGRAM

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<th>Family Safety Group</th>
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<th>Date</th>
<th>Time</th>
<th>Duration</th>
<th>Address</th>
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<tbody>
<tr>
<td>Taking Responsibility</td>
<td>Wed 24(^{th}) + 31(^{st}) July</td>
<td>Wed 7(^{th}) Aug – 18(^{th}) Dec</td>
<td>6pm – 8:30pm</td>
<td>18 weeks 5 Sera Street, Lane Cove 2066</td>
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<tr>
<td>Women Choice and Change</td>
<td>Friday 26(^{th}) July</td>
<td>Fridays 2(^{nd}) Aug – 20(^{th}) Sept</td>
<td>10am – 12:30pm</td>
<td>8 weeks Level 1, Family Relationships Centre 651 Pittwater Rd, Dee Why 2099</td>
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</table>

These courses and others can be tailored to meet specific community needs. For further information, please contact us on 9418 8800 or send an email enquiry to northrep@ransw.org.au
ABN: 73 000 509 982
Did you know that your community has been identified as an *Extreme Bush Fire Risk area*?

If there was a Bush Fire in your area, would you know what to do?

Have you and your family got a Bush Fire Survival Plan?

The Rural Fire Service has developed a **Community Protection Plan** specific to the Bayview, Ingleside and Elanora Heights community that details the bush fire risk, leave early options and community refuge areas known as Neighbourhood Safer Places.

The workshop will include:

- What to do in the event of a fire: **LEAVE EARLY OR STAY AND DEFEND**

- How to complete and implement a **BUSHFIRE SURVIVAL PLAN**

- The use of personal firefighting equipment.

<table>
<thead>
<tr>
<th>Venue:</th>
<th>Monash Golf Club</th>
<th>Venue:</th>
<th>Mona Vale Memorial Hall</th>
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<tbody>
<tr>
<td></td>
<td>Powder Works Road, Ingleside</td>
<td></td>
<td>1606 Pittwater Road, Mona Vale</td>
</tr>
<tr>
<td>Dates:</td>
<td>Thursday 13 June 2013</td>
<td>Dates:</td>
<td>Thursday 20 June 2013</td>
</tr>
<tr>
<td>Time:</td>
<td>7.00pm</td>
<td>Time:</td>
<td>7.00pm</td>
</tr>
<tr>
<td>Cost:</td>
<td>FREE to participating residents.</td>
<td>Cost:</td>
<td>FREE to participating residents.</td>
</tr>
</tbody>
</table>

If you live, work, own land in this area, come along to one of our information evenings so we can help you prepare your home, your pets and your family in the event of a bushfire.

**FOR FURTHER INFORMATION**

Contact: Ph. 9450 3000 or Email: Warringah.fcc@rfs.nsw.gov.au for more information
A COURSE AND PRACTICAL DISCUSSION OF THE INTERNET, MONEY AND ME

Are you a Single Parent currently in receipt of a parenting payment and will be affected by the current Centrelink changes?

We have a short course (4 weeks in school time) specially planned for you to look at your opportunities for a small business in your home or office!

The course will also look at
- Presentation such as make-up and grooming
- Parenting – issues for single parents returning to the workforce
- Juggling work and home successfully
- Finding childcare support
- Managing stress
- Support available

When: 9.30am – 12.30pm Tuesday 4th, 11th, 18th and 25th June 2013
Where: Manly Warringah Pittwater Community Aid, 3 Gondola Road, North Narrabeen
How: RSVP’s essential: Sue Johansson on 0435 835 963 or email: suej@ransw.org.au
Please note: No childcare is available. Course is free.
Northern Sydney Region
Student Services
Parent Forum

An invitation is extended to all parents of students accessing Northern Sydney Region Student Services Programs to attend an information sharing meeting with other parents and regional representatives.

At this forum we welcome our guest speaker

Barbara Lewis
Manager, Carer Support Services, Northern Sydney Health.

TOPIC: How parents / carers can decrease their anxiety by working effectively in partnership with their schools - how to manage thoughts and feelings in times of stress, sharing information and working as part of the Learning and Support Team.

Date: 21 June 2013
Time: 10.00am to 12.00 noon
Venue: Lindfield East Public School Hall
90 Tryon Road, East Lindfield.

For more information, please contact Kate McCosker - Student Welfare Consultant, 9987 3900 or email kate.mccosker@det.nsw.edu.au. RSVP for catering purposes to Kate McCosker, Phone 9987 3900 or email kate.mccosker@det.nsw.edu.au.
Warringah Council invites you to enter
the
Warringah Art Exhibition 2013.

Registrations are now open.

The Warringah Art Exhibition is the northern beaches’ most prestigious art competition offering $9,000 in prizes.

Warringah Council is proud to deliver this annual event and encourages artists to use their creative skills to promote sustainability through ‘Waste to Art’ which is supported by the Kimbriki Resource Recovery Centre.

Registrations Open 20 May – 8 July 2013
Register on line www.warringah.nsw.gov.au

Exhibition Dates 18 – 28 July 2013
If u like ART studio
1 Powells Road, Brookvale

Gallery entry is free and everyone is encouraged to vote for their favourite artworks in the Dee Why RSL People’s Choice Awards.

For further information contact Warringah Council on 9942 2603 or email events@warringah.nsw.gov.au